



SerTRaline for AnxieTy in adults with a diagnosis of Autism (STRATA). A randomised controlled trial.

Are you an adult with a diagnosis of autism and have (or had) symptoms of anxiety?

If so, it may be suitable for you to take part in a study called STRATA (SerTRaline for AnxieTy in adults with Autism).

STRATA aims to find out whether the medication sertraline is an effective treatment for anxiety in adults with a diagnosis of autism.

We aim to enrol 306 autistic adults (aged ≥ 18 years, without a learning disability or with a mild learning disability) to this study, and would like you to consider taking part. This is a randomised study; participants have a 50% chance of receiving active sertraline capsules, and a 50% chance of receiving placebo (inactive) capsules.

For further information, visit our website, ask your autism specialist, or contact us:

Website:	www.bristol.ac.uk/strata
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Scan QR code to register your interest in taking part:

How to scan a QR code:



1. Open the camera app on your phone
2. Focus the camera on the QR code by gently tapping the code
3. Follow the instructions on the screen to complete the action

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