



Safe, Well, Happy

Working together to make communities better for people with learning disabilities

Who should come to Safe, Well, Happy?

- Anyone who has a learning disability
- Family and friends or people caring for someone with a learning disability
- Anyone who is interested in making our community a better place for people with learning disabilities

Meetings in 2021



The Old School House, School Lane, Quorn, LE12 8BL. From 10.00am to 12.00

There is a café where you can get drinks and a snack. You will need to pay for this but the session is free.

You will have a chance to:

- Get to know new people
- Learn something new
- Play some games, do jigsaws, do some drawing, do an activity
- Learn to do some signs

Dates:

16th September

21st October

18th November

16th December



Walks: Start at Quorn Old School House

We have a gentle walk and time for chatting, followed by a drink.

Wear sensible shoes and clothes to suit the weather. Including a drink these will be for 2 hours. **10.00am to 12.00**

Dates:

2nd September Treasure Hunt

7th October

4th November

2nd December

We may have to change things but hope we will be able to meet up this year. We will be following all the rules to help us stay safe

Find us on Facebook – search SafeWellHappy

For more information ring 07956 604842

Or email jane.parr@me.com