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|  | **Harborough**  **Action Team**  **Christmas Newsletter** |





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| reduce-reuse-recycle-5shutterstock_290922821    Summer Safety | **We thought it would be nice to look back on a few of the things we have done in the last couple of years:**  We held a First Aid Workshop. We learnt how to do basic first aid.  We learnt how to keep our money safe. We found out about scammers and how to get help.  We learnt about recycling:   * Reduce * Reuse * Recycle   We talked about how to stay safe in the hot weather.  Learning how to stay safe in Summer  Some of our favourite shows are on TV this Christmas:   * The Great Christmas Bake Off-   C4 Christmas Eve 7:40pm   * The Queen’s Christmas Broadcast -   BBC 1 3:00pm   * Strictly Coming Dancing Christmas Special -Boxing Day BBC 4:45pm   Hope there are lots more for you to enjoy. |
|  | A local opera singer has started a choir during lockdown. You may like to check out Olivia’s lockdown choir  <https://www.facebook.com/oliviaslockdownchoir/> |
|  | **Stay Safe - Always Remember:**  Keep washing your hands regularly.  Wear a face covering in enclosed spaces  Stay at least 2 metres apart. |
|  | Do you have, or care for someone with, a learning disability? - Northern  Devon Healthcare NHS Trust |
|  | If you have any ideas how we can keep in touch at the moment please let us know:  Send your ideas to: [jackie.goodrick@leics.gov.uk](mailto:jackie.goodrick@leics.gov.uk) or post to  Adults and Communities  The Symington Building  Adam and Eve Street  Market Harborough  Leics LE16 7LT |