



Charnwood Action Group 2020

invites you to come along and join in a health walk

It's a fun way to keep fit and to meet new people!

All walks start at 11am prompt and under 2 miles.

| | | |
|--|-------------------------------|---|
|  | Wednesday 9 September 2020 | Rothley Library Rothley LE7 7PS |
|  | Wednesday 14 October 2020 | Quorndon Fox Pub Quorn LE12 8DT |
|  | Wednesday 11 November 2020 | Shepshed Library Shepshed LE12 9AN |
|  | Wednesday 9 December 2020 | Loughborough Town Hall LE11 3EB |



For information ring ; Glebe House – 01509
218096 or email Charnwood Action Group
[charnwoodactiongroup@gmail.com]






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|  | Wednesday 8 January 2020 | Rothley Library Rothley LE7 7PS |
|  | Wednesday 12 February 2020 | Tesco Express 139 Sibson Rd Birstall LE4 4ND |
|  | Wednesday 11 March 2020 | Mountsorrel Library Mountsorrel LE12 7AS |
|  | Wednesday 8 April 2020 | Quorndon Fox Pub Quorn LE12 8DT |



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| | | |
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|  | Wednesday 13 May 2020 | Shepshed Library Shepshed IE12 9AN |
|  | Wednesday 10 June 2020 | Loughborough Town Hall LE11 3EB |
|  | Wednesday 8 July 2020 | Loughborough Library Loughborough |
|  | Wednesday 12 August 2020 | Tesco 139 Sibson Rd Birstall LE4 4ND |



Remember to wear walking shoes or trainers and bring a bottle of water with you.

