

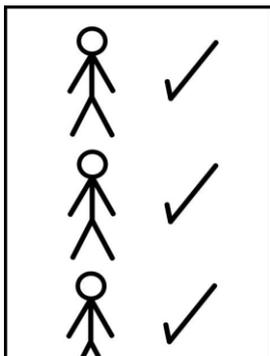


Charnwood Action Group

**Friday 29 November 2019
10:15 - 12:00**

**Mountsorrel Memorial Centre
105 Leicester Road
Leicestershire
LE12 7DB**

Present - People who came to the meeting



Alix Glazier	Chair
Phil Linggood	Parent / Carer
Freya Tyrer	University of Leicester
Carol Wincott	LCC Shared Lives
Graeme Harrington	LCC
Peter Warlow	Glebe House
Sarah Morris	LPT Community Nurse LD
Kilisha McLeod	Student Nurse, Charnwood Mill
Amy McManus	Leicestershire Adult Learning
PCSO Mitch Jarvis	Leicestershire Police
Mike Anderson	Homefield College
Owen Piggon	Homefield College
Simon Goodyear	Homefield College
Rueben Aldre	Homefield College
Marie Moore	Minute Taker

Apologies:

Jenny Lacey	NW Leicestershire
Russell Lacey	NW Leicestershire
Trudie Exon	LCC
Peter Scott	Homefield College
Susie Nelson	Nurse
Mary Perry	Parent/ Carer, Leicester
Emma Perry	Leicester

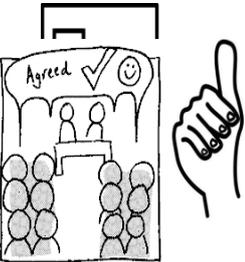
	<p>We used the red and yellow cards</p> <p>Marie to bring a further supply of these to the next meeting</p>
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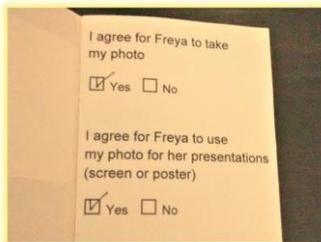
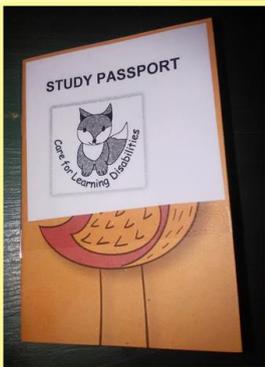
	<p>Word Police</p> <p>Carol / Paula</p>
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	<p>Someone to write down the minutes</p> <p>Marie Moore</p>
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	<p>People to do the washing up and teas and coffees</p> <p>Marie and Sarah</p>
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	<p>Notes from the last meeting</p> <p>The notes from last meeting were right</p>
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	<p>2. Notes Arising from the Minutes</p> <p>It was agreed the minutes were confirmed as being correct.</p> <p>Graeme updated everyone with regards to Stay Up Late Campaign. The Partnership Board have agreed to fund setting up Gig Buddies which is hoped to start in Leicestershire in the New Year.</p>
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3. Freya Tyer – Leicester University

Freya introduced herself and explained that she was carrying out a study to find out about people with learning disabilities.

I am looking at 130 thousand people and I want to find out what happens when people with learning disabilities go to the Doctor or hospital.

Why am I doing this study?

People with learning disabilities are often treated well when they go to hospital or to the doctors.

But sometimes they are not treated very well.

I want to see if there is anything that can be done better.

I need you to tell me about the good things that have happened when you have visited the Doctor or hospital.

It would be good to know the bad things that have happened when you have visited the doctor or hospital.

I have £15 vouchers for you all for helping me and at the end of this talk I need you to sign a form for the vouchers.

I am only allowed to ask you 3 times to help me and I would like to take a photo of you all for presentations and posters like this one. You do not have to say yes to this request but if you do, you will need to tick the box.

I have a passport for you all and I will stamp the passport every time you help me.

Discussion took place and the following incidents were raised:

My son went to the LRI, taken in an ambulance as an emergency. On arrival he went into the new area where he was dealt with for the first stages, then he went into the acute care unit which was a single room with own toilet and there were nurses around. He was very anxious so his PA went down to the treatment room with him. There were lots of staff about doing different things



and not really talking to him, the PA asked them to stop as they were making him worse then the Senior Doctor shouted stop now and listen. PA explained that they needed to go slower as he did not understand what was going on, when they did this it was much better.

They were brilliant, and we couldn't have asked for better treatment. The girls from the ambulance that brought him in came twice to see if he was ok.

Nurses available during the week but at the weekend it is very difficult to get trained nurses to cover.



Claire went to a conference in London where there was an NHS stall. A Self-advocate had said he was refused the flu jab, he was advised to go back to GP and refer to the "Green Book". Regardless of any underlining issues adults should be getting it. We understand they are considering those suffering with mental health issues being offered the flu jab.



A question was raised about treatment for people with LD at the Dentist. Was suggested that certain questions should be asked before treatment takes place to avoid any unnecessary stress. When my daughter went for treatment this did not happen and she kicked the Dentist because she did not know what he was doing. Wasn't a good experience and the next day she was unable to go to school.



Sarah (Nurse) reported that she had taken someone who had very complex needs to the hospital to get several procedures carried out and he was extremely anxious. It took a team of 25 staff, in different departments, to work together to complete all the necessary procedures. It was good working together and all the necessary procedures were carried out. The hospital staff are not always trained, and the Specialist Nurses are not always around as there are not enough of them.



Freya said this is something that is always coming up in meetings, also the lack of knowledge with completing paperwork seems to add to the problem.

It was reported that someone who was having an operation had to wait with everyone else and it was felt

	<p>that reasonable adjustments should be made for people with LD.</p>
	<p>Sainsburys is the first supermarket to trial the initiative which enables customers with hidden disabilities to wear a lanyard which indicates to colleagues that extra support is needed.</p> <p>It was felt that this should go national and would be good in doctor's surgeries and hospitals.</p> <p>It was felt that people with LD have been left waiting in surgeries and this can cause them to be anxious when they eventually get in to see their GP.</p> <p>Everyone agreed that the Annual Health Checks are improving, there have been positive annual reviews, good approaches and accessibility.</p>
	<p>4. Partnership Board Update</p> <p>Those who attended the Partnership Board reported back that they had short talks on:</p> <ul style="list-style-type: none"> ➤ Transitions - which was about moving from children's services to adult services <p>The next meeting will be on 30 January 2020 at County Hall</p> <p>Marie will attach a copy of the last minutes.</p> <p>The next Partnership Board Meeting will be held on 30 January 2020 at County Hall.</p>
	<p>5. Support to vote at the General Election</p> <p>It is very important that everyone uses their vote and people with a learning disability have as much right as anyone else. Don't let anyone tell you different.</p> <p>In elections people with a learning disability have the same rights to vote as everybody else.</p> <p>People with a learning disability should vote so they have a say about things that affect their lives.</p>



Remember the Government makes important decisions that can change the lives of people with learning disability:

- Hate crime laws
- How people with a learning disability get support
- How people with a learning disability get healthcare

Voting is one of the best ways to have their voice heard by people in power. There are lots of political parties. Each party is made up of politicians who agree on how the country should be run.

There will be a General Election happening on Thursday **12 December 2019** across the UK.

In this election you can vote for who you would like to make some of the most important decisions in the country.

The party with the highest number of MPs usually forms the government. The leader of the winning party then becomes Prime Minister.

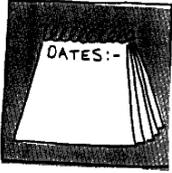
You can find out more about voting on the Mencap website:

www.mencap.org.uk/get-involved/campaigning/guides-voting

Polling stations are often in churches, community centres and schools. However, they can be in all sorts of places. Polling stations re open from 7:00am to 10:00pm.

It can be useful to take your poll card with you when you go to vote and when you arrive at a pooling station, you will be asked to give your name and address.

You can also ask someone to come along to the polling station with you to help you. For example, a family member who is over 18 or a support worker who can also vote in the same election as you are. **They can also help you fill in your ballot paper. Everyone who is registered has a right to vote.**

	<p>5. Any Other Business</p> <p>Mike pointed out that a Wellbeing Day has been planned for 26 February 2020 at Loughborough Leisure Centre. It was felt that this would be a good opportunity for people to get some new information as there will be stalls from different professionals.</p> <p>With regards to Stay up Late, Claire pointed out that we are unable to apply for the funding for this project because we are not a charity. Aaron from VAL will investigate to see if he can take it on. Claire will get back to us once she has any information.</p>
	<p>6.</p> <p style="text-align: center;">COFFEE BREAK - 15 minutes</p>
 	<p>6. Date of next meeting</p> <p>Friday 31st January 2020</p> <p>10:15 - 12:00</p> <p>Glebe House Old Magistrates Court 70 Woodgate LOUGHBOROUGH Leicestershire LE11 2TZ</p> <p>All dates and venues for 2020 meetings can be found on the betterlives website</p> <p>If you need to talk to someone about these meetings you can email Alix Glazier at charnwoodactiongroup@gmail.com or Glebe House 01509 218096</p>