

A central white cloud with a black outline contains the text "Action Plan 2020". Ten yellow lightning bolts radiate from the cloud to ten surrounding white ovals with black outlines, each containing a specific action item. The ovals are arranged in a circle around the central cloud.

Action Plan 2020

More keep safe
Places
To work with
the MBC and
the local
shopkeepers.

Invite the council to
Talk about recycling

Cake stall
For McMillian

Reflexology – taster
session

Invite local Police
and Crime Prevention

To include local events
at meetings.

To invite local
councillors to talk
about their job

Invite Ambulance
Service

Health Eating

Adult learning
To talk about
new sessions.

Newsletters from
Meetings

Invite Nurses to come
and talk to us

Action plan 2019 - 2020

- Invite Heather's Mum to talk about reflexology.
- Invite Wellbeing Centre, Melton
- Look into Music Therapy/Music Medicine
- Invite Melton Radio to visit to see what we do
- Invite local Nurses.
- Invite Adult Learning to come back to talk about courses.
- Invite Local Police / Crime Prevention Officer.
- Visit Parliament in February/March 2020 and talk about Stay Up Late.
- Talk about Health Eating
- Invite Melton Sport and Health Alliance
- Do a list of groups that would be suitable to attend

Action Plan what have we done

- ✓ We Paid Becci to come and talk to the group about Basic first Aid. Every one that came got a certificate and mini first aid kit.
- ✓ Adult learning came to talk about new courses in Melton.
- ✓ Adult learning came and showed us how to make nice meals with out using the cooker.
- ✓ Woody came to talk about Melton Space.
- ✓ We had a yoga and feel good music session .
- ✓ Some of our minutes of our interactive meetings have been put in colourful newsletter information leaflets.

Action Plan what we didn't get done.

- X Have a cake stall for McMillian
- X We did not invite Sainsbury's to talk about their work programme.
- X We did not create a local activity's and groups list.
- X We have not made a regular newsletter.