

Northwest
Leicestershire
Locality Group



North West Leicestershire Locality Group

Notes from our meeting

Thursday 25 April 2019

**Meadow Barn
368 Church Lane
New Swannington
LE67 5DL**



Present - People who

Magda Allen
Mary Garner
Jo Weston
David Stokes
Richard Appleton
Jody Rider
Harry Burton
Lynn Statham
Nat Cudby
Stephen Holland
Lynda Toon
Jessica Bilson
Sean Shanley
Joe Brailsford
Karen Rusak

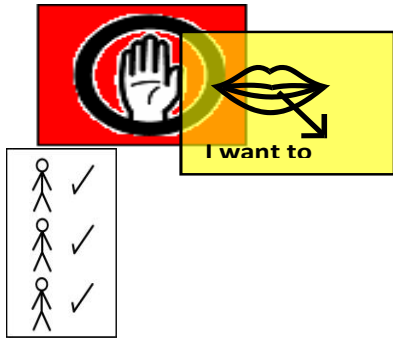
Apologies:

Jenny Lacey
Russell Lacey
Ann Parker
Richard Parker
Tracey Fould
Tracy Sowerby

came to the meeting

Co-chair, Self Advocate
Co-chair Self Advocate
Shared Lives
Shared Lives Self Advocate
Shared Lives Self Advocate
Shared Lives Self Advocate
Meadow Barn View
Meadow Barn View
Meadow Barn View
Meadow Barn View
Meadow Barn View
Meadow Barn View
Meadow Barn View
Community Learning Dis Team
Community Learning Dis Team

Carer / Parent
Self Advocate
Parent
Self Advocate
Self Advocate
Leicestershire County Council



We used the red and yellow cards



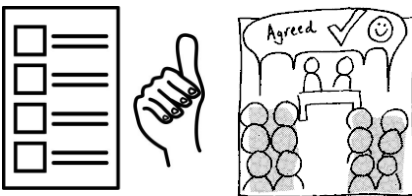
Someone to write down the minutes

Marie Moore



Notes from the last meeting

The notes from last meeting were right



2. Matters Arising from the Minutes

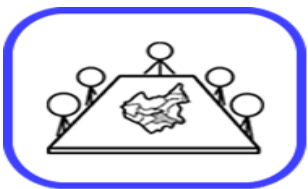
There were no matters arising



3. Lisa Maycock, Personal Trainer

Lisa introduced herself and explained how she promotes exercise for all ages, which can be done standing up or sitting down.

After the session everyone agreed they had a great time and would like to have it on the agenda for the future.



Partnership Board



4. Update on Partnership Board

Topics – Accommodation and Health

Changing Places – these have been updated and there are two in Loughborough, one at Twycross Zoo and one at Bradgate Park. A lot of money has been put into the pot for Changing Places to enable more to be made available.

Equipment – Magda informed everyone that equipment is available for those who need extra assistance around their home.

Sam Screatton from the NHS spoke about:

- Flu screening
- Dementia
- Accommodation and Health for older adults
- Choosing where to live



Discussion took place about changes within the NHS and the future long term plan. Magda explained that this will include Liaison Nurses (someone who will explain to you what is happening when you go to the hospital for your appointment). The Liaison Nurse will have a copy of your Grab Sheet so it is very important that you (or the person who cares for you) keeps your information at your GP Surgery up to date.

Harry said that GP Surgeries are making people wait a long time which is very annoying and feels this should be reduced.

It was suggested to speak to the Nurse at the Surgery so they can put this concern on the computer for when you have to make an appointment.



COFFEE BREAK – 15 minutes



5. Anything else we want to talk about:

Whole Life Disability Strategy – it has taken 2 years to put together this paper and there will be some Planning Groups coming together to discuss this. This is the first plan Leicestershire County Council have made for disabled people from birth to old age. Marie will include this paper when sending out the minutes.

Bank and Finance

£225 in the accounts and Magda will be requesting more money to cover other activities.



Well Being Event:

Magda talked about this and it was agreed:

- A selection of stalls
- Invite to Homefield College to get involved
- Leisure Centre may be a good place to have it
- Wednesdays seem to be a good day
- The LLDPB should be able to provide additional money for this so we need to discuss in more detail.

Warm Homes

Magda confirmed that we may be having someone come to talk to us from Warm Homes.

This project aims to:

- Improve health and wellbeing
- Reduce hospital admissions
- GP visits
- Help with better quality of life
- Help with completing applications for grants and funding if you are on low income or benefits.
- Managing energy bills better
- Funding for loft insulation, cavity wall insulation and boiler



Meadow Barn View

There will be a production of Beauty and the Beast on Friday 28 June at 1:30 and everyone is invited. Tickets will be £5 and you will get a cup of tea and cake. Marie will attach details with these minutes.



Date of Next Meeting – 27 June 2019

**Meadow Barn
368 Church Lane
New Swannington
LE67 5DL**

Dates and venues for meetings can be found on the website