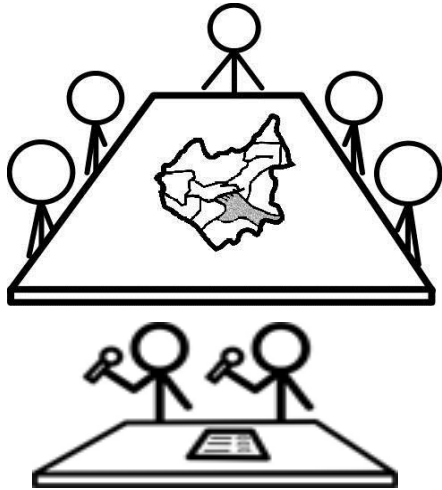




# North West Leicestershire Locality Group Action Plan April 2017 – March 2018



## Running our meetings

Leicestershire County Council (LCC) CERT Team will help us with our meetings.

They will help us with:

- inviting people to come and talk to us about the things we can do and get involved in – the things we want to know about.
- helping self-advocates run the meetings.



We will meet every other month on the last Thursday of the month, mostly at Meadow Barn View. The meeting will start at 10.30am and go on till 12noon. Sometimes we may visit other places and have our meetings there.

The agenda and minutes will be done and sent out by someone from the LCC Business Support team.

We want everyone who comes to the meetings to be included.

We will report to the Partnership Board on our progress and action plan.





## Sharing information about services, products, activities

We will share the information we get from agencies, organisations, and from our meetings, in the best way for everyone.

We will share information and work with other disability support groups and those who support them, such as, carers and family members.

## Sharing information about big plans and policies

We want to make sure we know about all the things happening with national services like:-

- Leicestershire County Council
- North West Leicestershire District Council
- Emergency Services like the police, fire services and ambulance services.
- Voluntary Services
- National Health Service

We will ask them to share their plans with us and create good links so we know what is happening in this area.

We will ask them about groups they support and events they will be having so we can get involved.



## How we will spend our money/funding

### 1. Meetings and Events

Helping people to attend meetings and events for adults with learning disabilities in Leicestershire.

### 1. Training for NWL Locality group members

- To help members be more confident and more independent.
- To help members take control of their group and run meetings.
- To improve quality of life and opportunities.

### 3. Printing and Marketing: information to share, leaflets, raise awareness of the group, promotional items, like pens and pads.

### 4. Healthy Activities

- Activity Days: have one a year doing different things that make us feel good and healthy, such as: crafts, dancing, and sports.
- Find out about places like Leisure Centres, Marlene Reid Centre, Day care centres, and the activities they do for people with learning disabilities. Encourage each other to go and take part.



#### Have a go Club

Hermitage Leisure Centre  
Meets on Thursdays  
1.30 - 3pm

Come along and join in

- use the swimming pool.
- learn how to use the gym equipment.
- come a have a health check.
- use the health suite which has a sauna, jacuzzi and steam room.

Have a go at bowling, badminton,  
cricket and



The club meets every week on Thursdays for all ability levels.

We need to book, just turn up on the day.

The cost will be £2.00. Non-members welcome until June 20th April 2015.

For more information please contact Sade on 01530 811215

If you would like more information,  
please contact Sade on 01530 811215

