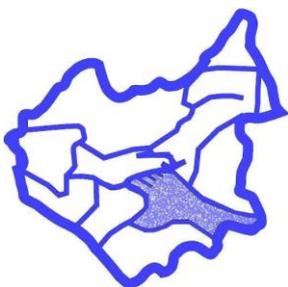
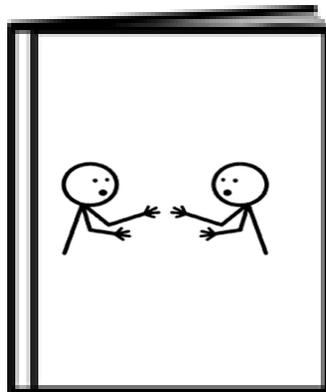
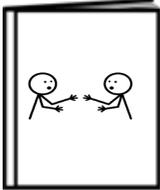
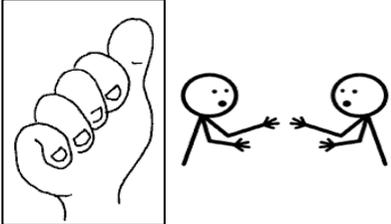


## The Communication Plan for Adults with Learning Disabilities in Leicester, Leicestershire and Rutland

2015 to 2018



	<h2>The Communication Plan</h2>
	<h3>Introduction</h3> <p>This plan is for adults with learning disabilities in</p> <ul style="list-style-type: none"><li>• Leicester</li><li>• Leicestershire and</li><li>• Rutland</li></ul> <p>The Partnership Boards will check that this plan is happening.</p>
	<h3>What will the plan do?</h3> <p>This plan will help everyone make communication better for adults with learning disabilities by using the <b>5 Good Communication Standards</b>.</p>
	<h3>What is communication?</h3> <p>There are <b>3</b> important parts to communication</p>



## 1) Understanding what people say to you.

People can tell us things in lots of different ways

Some examples are

- Writing
- Talking
- Using signs
- Using symbols or pictures
- Using objects

It is important that everyone knows the best ways to help people understand

## 2) Telling other people things

We can tell people things in lots of different ways

Some examples are

- Talking
- Writing
- Signing
- Pointing to pictures or symbols
- Using objects
- By the way we behave

All of these ways are good.

It is important that everyone knows how we tell people things and how they can help us to do this.





### 3) Getting to know other people and getting on with each other

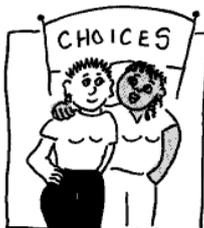
To make communication work there needs to be at least 2 people.

We can also communicate with a lot of people for example when we are talking in a meeting.

When people communicate they should treat the other person with respect

**If we can make these 3 things better we will make communication better.**

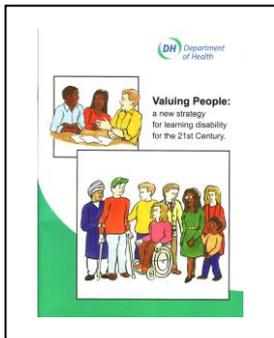
Good communication can then help us do lots of other things



### What does communication do?

Some of the things communication can help us do:

- Tell people about our self
- Show other people that we think that they are important
- Make choices and tell other people what we want in our life
- Make friends and relationships
- Tell people when things are wrong
- Be involved in developing our Person Centred Plans and Health Action Plans



**Valuing People and Valuing People Now say that communication is very important.**

**Valuing People** says that it is important that people with learning disabilities

- Can make choices
- Can be as independent as possible
- Are included in their communities
- Have the same rights as everyone else



**Valuing People Now** still says it is important to do the things in Valuing People but we also need to

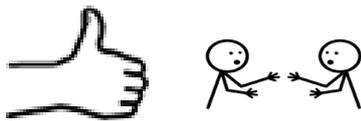
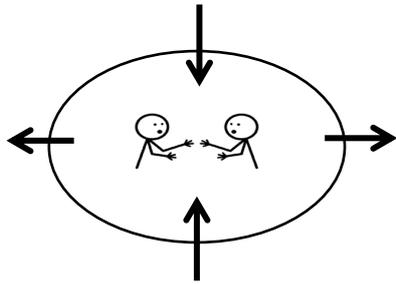
- Make sure that we include everyone
- Give people more choice and control in their lives
- Help people to have a good life
- Help people to be citizens

**If we are going to make all of these things happen, we need to get communication right. To do this we need this plan**



The plan about Winterbourne View is called Transforming Care.

This plan says that we should all use 5 Good Communication Standards.



## The Communication Network for People with Learning Disabilities

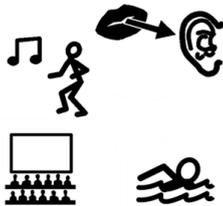
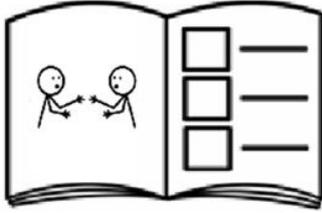
The aim of the Communication Network is to help everyone meet the 5 Good Communication Standards

- Lots of people with learning disabilities have difficulties with communication. These difficulties can have a big difference to someone's quality of life and how healthy they are.
- This means that everyone who works with, supports or cares for a person with a learning disability needs to know what good communication looks like, for each individual they support. They need to know how they can change their own communication to make sure communication is positive for people with learning disabilities



## 5 Good Communication Standards

As part of the response to Winterbourne View, 5 Good Communication standards have been agreed nationally. These standards set out the best ways to make communication better for people with learning disabilities.



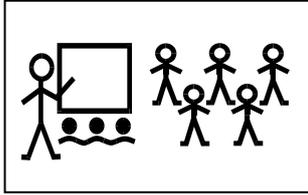
1. There will be good information that tells people the best ways to communicate with the person with learning disabilities. This information could be a communication passport or profile.

2. You will help the person with learning disabilities to be involved in making decisions about their care.

3. You will be good at supporting the person with learning disabilities with their communication.

4. You will give the person with a learning disability lots of chances to communicate, and lots of experiences to communicate about.

5. You will help the person with learning disabilities to understand and communicate about their health.



## The projects we are working on

### Communication training and support

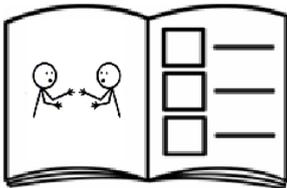
An important part of the communication plan is the different ways in which we help people learn about communication.

We are working on a plan to help more people to learn about good communication



### Easy write

This work helps people to make written information easier to understand



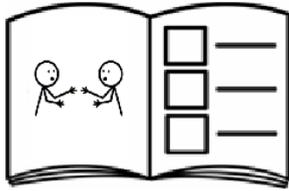
### Communication Passports

This work helps people to make good communication passports. Communication passports tell us the best ways to communicate with a person



### Communications

This work will help to tell everyone about the Communication Plan and the 5 Good Communication Standards



Leicester, Leicestershire and Rutland



**IF YOU LISTEN  
YOU WILL HEAR US**

People with profound and multiple learning disabilities



## Tools and Resources

These are things people can use to help them make communication better

### Communication passport tools

These help people put together good communication passports

- Communication checklist
- Hearing checklist
- Seeing checklist

### Easy Word Dictionary

This is a dictionary of hard words. The dictionary tells people the easier words that they can use. For some words there are pictures as well.

### Signing DVD

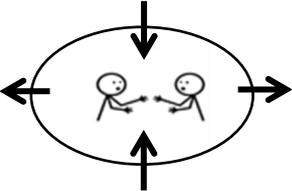
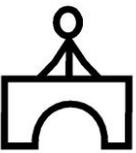
We have a DVD of the most important signs that we use. People need to go on the signing training to get this DVD

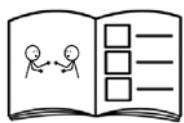
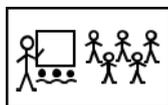
### If you listen you will hear us DVD

This DVD and the guidelines that go with it will help people know the best ways of communicating with people who have very complicated communication needs

### Gimme 5 DVD

This DVD tells you all about the 5 Good Communication Standards

	<p><b>Guidelines and standards</b></p> <p>These tell people how to make communication better</p> <ul style="list-style-type: none"><li>• 5 Good Communication Standards</li><li>• Easy Read 5 Good Communication Standards and checklist</li><li>• Easy write guidelines to help people make written information easier to understand</li><li>• Making meetings easier to understand</li><li>• Hearing guidelines</li><li>• Seeing guidelines</li></ul>
  	<p><b>How will we make sure the plan happens?</b></p> <ol style="list-style-type: none"><li>1. <b>Communication Network Meetings</b> 4 times a year. This meeting is where we share good ideas and see how our plans are going</li><li>2. <b>Steering Group</b> A small group of people who plan and organise all of the meetings. This group will also write up the plans and make sure they are done.</li><li>3. <b>Sponsor Group</b> People who can help us get our plans working. They will only meet twice a year but will be kept up to date about our work</li></ol>



#### 4. **The Talk and Listen Group**

This is a group of people with learning disabilities who will be champions for communication. They will be supported to take on a range of roles in the network

#### 5. **Communications team**

This group of people will help us tell everyone about the 5 Good Communication Standards and how the Communication network can help them to achieve these standards.

#### 6. **Working Groups**

These groups will help people to work together to support everyone to make communication better. These groups may change when different work needs doing. At the moment we have 3 areas of work we want to do

- **Easy Write Group** helping people to make written information easier to understand

- **Learning group** helping people to learn about good communication

- **Communication Passport Group** making sure people with learning disabilities have good communication passport

January 2015

   	<p>If you would like to know more about the Communication Plan please speak to Jane Parr who is the communication lead.</p> <p>Telephone number 0116 2255205</p> <p>Email <a href="mailto:jane.parr@leicspart.nhs.uk">jane.parr@leicspart.nhs.uk</a></p> <p>Address Mansion House Leicester Frith Groby Road Leicester LE3 9QF</p> <p>Check out the plan on <a href="http://www.betterlives.org.uk">www.betterlives.org.uk</a></p>
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Pictures from Partnership Board Word Bank, Change Picture Bank and Somerset Total Communication