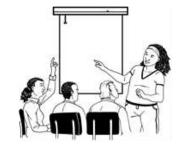
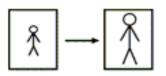


### Partnership Board – 8<sup>th</sup> January 2015





# Professionals/Family and Carers Transitions Workshop Feedback

## What decisions would you feel happy with someone making for themselves?

- It depends on the person
- We would be worried about money management. Solution could be a credit card
- Hard to accept that the wrong decision has been made. Need to think about a safety net
- Important to understand that young people will make mistakes
- Keep control with young people
- Need to see that they understand the risks and decisions to make.
   Need to consider the consequences. Consequences are the things that happen as a result of decisions we make. Sometimes good, sometimes not so good.
- Need to question whether we give young people enough choice to say No
- There is a difference between BIG and little risks
- Need to consider the effect on carers when young people make decisions
- Young people have the right to make unwise decisions and learn from them. But need to check there is a safety net.
- Concerns and worries about knowing the young person is doing something wrong and allowing it to happen. Where does the responsibility lie when things go wrong?

#### What decisions would you make for people?

#### Relationships

- Support young person to weigh up the decision using advocacy
- Control if held by other people is a concern
- We need to listen to circles of support
- Check how to communicate with young people
- Relationships can develop through accessing activities
- Relationships are part of Community Life Choices

## How would you help people who don't have decision making capacity?

- Advocacy
- People should encourage choices when asking options
- Finding out what is important for the young person

#### How can we empower people to plan for the future?

- Transitions teams parents evenings
- Schools need to have conversations earlier about aspirations.
   Aspirations are the things that people would like to do or want to do.
- It's OK to change what you want to do and change your mind
- Need to change outcomes in schools
- Teach people to say No. They have a right to say No.
- Person Centred Planning is a process not an outcome
- Staff need training about freedom of choice
- Choices need to be measured against realistic choices. Other people can help. For example travel training. Maybe someone is very worried about this. Medication may help with this so Health need to be involved.
- Health and Social Care need to join up and help each other to make these choices happen for young people
- Young people need more opportunities to try things out. There may be some risks but sometimes these are positive risks.

#### How can the Partnership Board help?

- Easy Read Mental Capacity Act put a link on the Better Lives website
- Link to Code of Practice for professionals could be on the website for family/carers. This is a very long document 296 pages.
- Make information more accessible and share the good stories
- Transitions Board need to tell us the good stories