

### **Transitions Team**



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Leicestershire Learning Disabilities Partnership Board.



## About this presentation.







**Debbie** 

We are from the Transitions Team
We work for Leicestershire County Council

We work across the whole county Our office is in Hinckley

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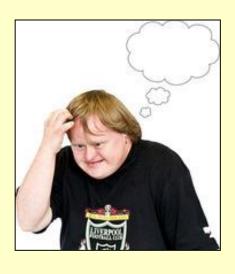
#### The Purpose of this presentation is:

- To talk about what the team do
- To talk about the changes and decisions that young people face
- To talk about things that effect decisions
- To talk about how young people can be supported to make decisions



## What does Transition mean?

Transition is the name we give to the time in a young person's life when they are becoming an adult.



Lots of things in a young person's life will change. These might include:

- moving from school to college
- moving from Children's to Adult services
- A young person will make decisions for themselves.



#### What do we do?



The Transitions Team can support young people to plan for adult life.

We talk to young people to find out what they want to do when they leave school.



Other people can help if they know the young person well. People such as Parents/carers, teachers, health workers.

We call this an assessment. The assessment helps us work out what support a young person will need.

## Planning for the Future







Different parts of a young person's life may need planning.





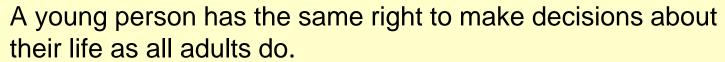


## Making decisions



To help the young person make decisions we need to find out:

- what support the young person needs to help them make decisions.
- which decisions the young person can make on their own
- which decisions they cannot make on their own





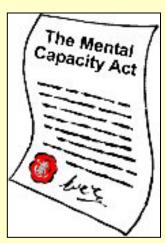
The young person may need support to understand the decisions they make and the risks involved.

Think about decisions you have made for yourself.

Think about decisions that other people have made for you.



## Mental Capacity Act



The Law says we must follow the rules in the Mental Capacity Act when we support a young person to make decisions.

The Mental Capacity Act tells us that the young person should make decisions for themselves wherever possible.



The Mental Capacity Act also tells us what to do if a young person cannot make some decisions for themselves. This is called 'lacking capacity'.

If a young person 'lacks capacity' then whoever makes a decision for them must follow the rules. The young persons' wishes and feelings must be thought about when making the decision.

This decision is called a 'best interest' decision.









#### Risks

When we support a young person to make decisions we all have to think about the risks. Some decisions that involve risks might be:

- travelling on their own on the bus
- going out on their own
- handling their own money

People take risks every day. Taking risks is not always a bad thing.

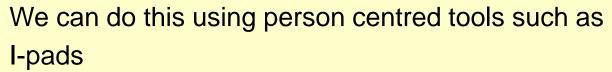
Positive risk taking supports the young person to be more independent whilst keeping safe.

#### How we support the young person





- finding out what is important to the young person
- giving information about what choices are available
- giving information about the risks





#### People who can help:

Circle of Support: People who know the young person well. They may be friends, family, teachers or other people.

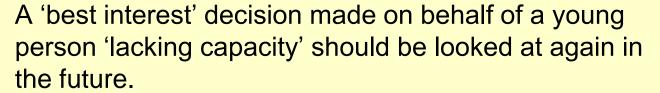


Advocate: An advocate can support the young person to say what they want to say.

### Things to think about

When a decision is made we need to know:

- who has made the decision
- what are the reasons for the decision
- what happens if the decision needs to be changed

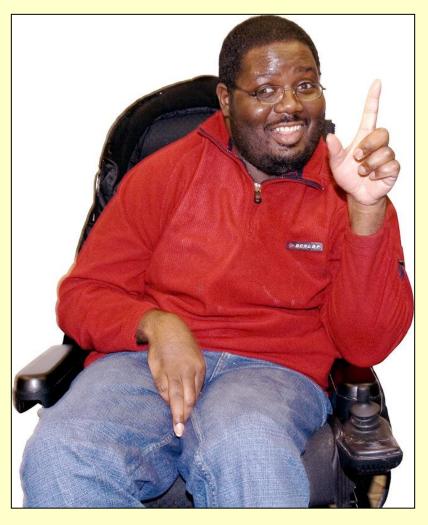


This will help to make sure it is the right decision for the young person.

The young person may be able to make the decision for themselves in the future.



# Any Questions?



Leicestershire Learning Disabilities Partnership Board.

## Workshops



In the workshops we would like to talk to you about:

- Decisions you have made for yourself
- Decisions that other people have made for you
- Decisions that you have made for someone else

We will ask you what you think about decision making



We will ask you how the board can help to make sure people are supported to make decisions