



About this presentation.



Who am I?

I am Alix Glazier, Co-Chair of the Charnwood Action Locality Group

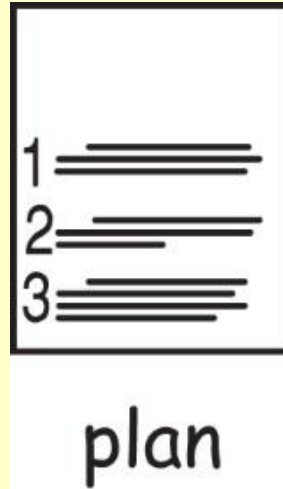
Why am I talking to you?

- I want to tell you about the Speaking for Myself Conference which I went to in February



Speaking for Myself first Annual Conference

27th February 2014



What we had planned

(things don't always go to plan!)





Speaking for Myself

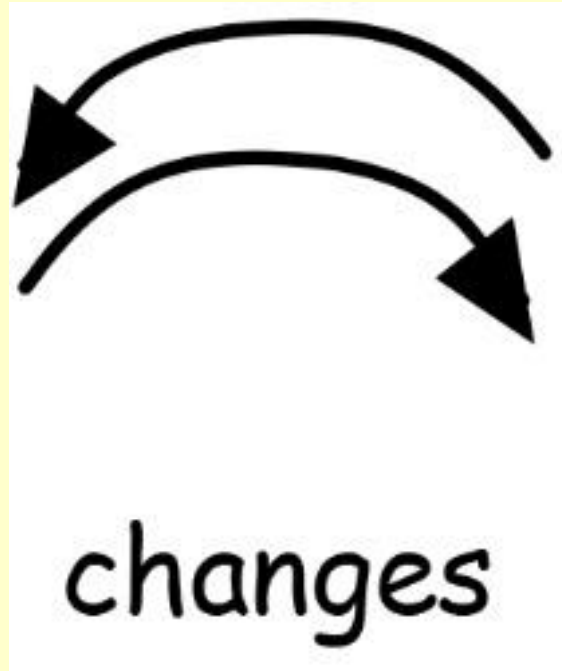


First Annual Conference

Programme

11 – 11.10	People will arrive and get settled
11.10 – 11.20	Advocates will open the conference. This means they will say what will happen throughout the day and they will welcome everybody.
11.20 – 11.30	Lucy will tell people about the Speaking for Myself project.
11.30 – 12.00	Workshop – Keeping Safe (you can choose to go to this or 'First Aid')
11.30 – 12.00	Workshop – First Aid (You can choose to go to this or 'Keeping Safe')
12.00 – 1.30	Lunch, networking and stalls
1.30 – 2pm	Workshop – Benefits (You can choose to go to this or 'Traveling Safely')
1.30 – 2pm	Workshop - Traveling Safely (You can choose to go to this or 'Benefits')
2 – 3pm	Disco!!!!
3pm	Advocates will close the conference







What actually happened



Leicestershire Learning Disabilities Partnership Board



We had stalls about Advocacy and Diabetes



Leicestershire Learning Disabilities Partnership Board





We had workshops





We had a delicious lunch



Leicestershire Learning Disabilities Partnership Board





We made new friends



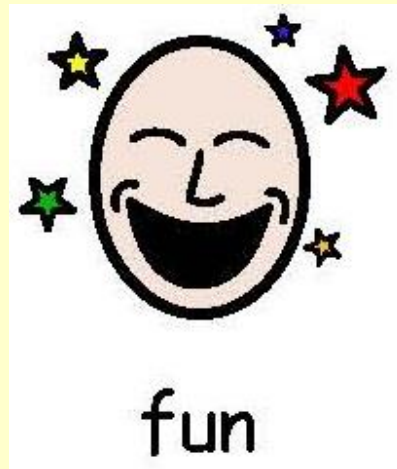


We danced a lot!





Above all, we had fun and everyone agreed we would love to have more regular get togethers!





What we learned





We enjoyed getting together and
we would like it to happen more
often





We will use our support differently
so that supporters don't get the
chance to take over or be
untruthful.

(We will do it **OURSELVES** with
their support)



support





Speaking for Myself is OUR
project. We are in charge.
We make choices.
We make things happen.





Together we are strong and we
have a **LOUD VOICE!**

