

# Have you been bullied ?



# tell someone

## This could be a hate incident

A hate incident is when something bad happens to a person because they are different. It could be,

- because of your age
- because of your disability
- because of the colour of your skin
- because you come from a different country
- because you are different in another way

## What can you do next ?

- tell someone that you trust, like your family carer, friend or staff
- ask for help to fill in the easy to use form



You can get a form by phoning **0116 305 8263**

Or by going to these websites

[www.leics.gov.uk/repothatate](http://www.leics.gov.uk/repothatate)

[www.betterlives.org.uk](http://www.betterlives.org.uk)

