



Leicestershire Learning Disabilities Partnership Board

Thursday 10th January 2019

Welcome to the Partnership Board





Leicestershire Learning Disabilities Partnership Board

Ground Rules



Everyone should take it in turns to speak

Everyone should respect what other people say



Everyone should always have good manners

No one should speak in a rude way to anyone



When the meeting is in progress people should only talk about Partnership Board work

Please do not have private conversations during the meeting



Mobile phones should be switched off or put on silent at all times



No texting on mobile phones, e-mailing or working on laptops during the meeting



Leicestershire Learning Disabilities Partnership Board

Communication



At the Partnership Board everybody is equal. We are all important. It is important that we can all join in and say what we think.



To make sure we do this we all need to use easy words and no jargon



Please hold up the yellow card if you want to speak. Please do not speak until you are asked to do so by the Chair.



Hold up the red card when there is something you don't understand, or if people are talking too fast. Anyone can hold up this card at any time. As soon as you see the red card, please stop talking.



Making things easy to understand is a difficult job so at each meeting we will ask someone to help make it easier for everyone to join in. Their job is to be the Word Police. Please remember, the Word Police is there to **help** us all.





Word Police

Please put your hand up if you would like to be the Word Police today.



At the last meeting in January we talked about

- **Permission to share email addresses.**
- **Education, Health and Care Plan.**
- **Preparing for Adulthood**



Today we will be talking about

- **Communities**



About this presentation.



Purpose of the presentation

To tell the Partnership Board about how WHM work connections can help adults with learning disabilities gain work experience and paid employment.

This presentation is for information and discussion.

The logo consists of the letters 'W', 'H', and 'M' written in a dark green, cursive, handwritten style. The letters are connected and fluid. A small, solid blue dot is positioned at the end of the horizontal stroke of the 'M'.

workconnections

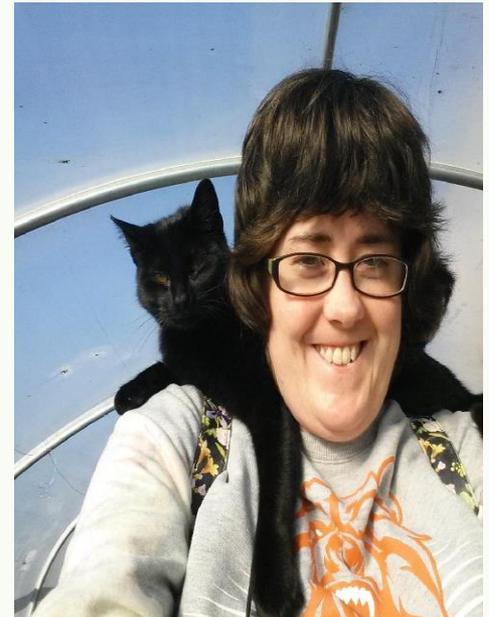
growing people's potential

Hi I am Esme Marriott

I am 28 years old

I rent a house independently in Barrow-
Upon-Soar

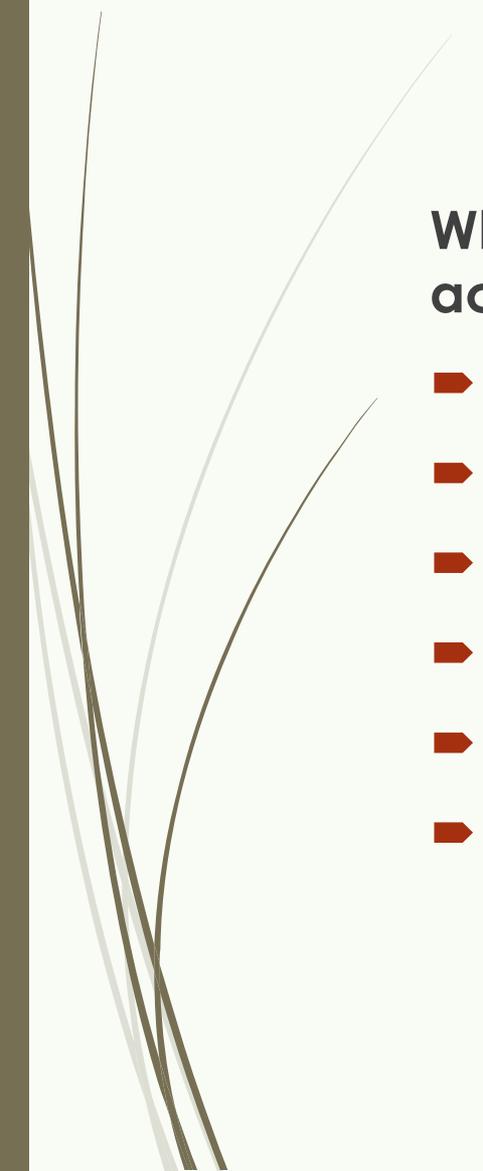
I started attending WHM Work
Connections in May 2014





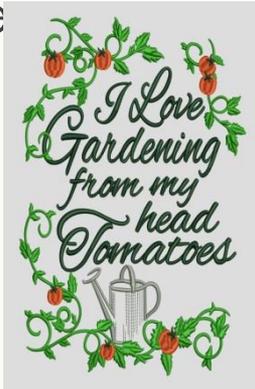
WHM Work Connections

When I first started attending WHM I tried varied activities, these included;

- Equine
 - Animal Care
 - Arts & Crafts (also volunteered within this session)
 - Sewing
 - Horticulture
 - Cooking
- 

Horticulture

- When the horticulture enterprise established I became more and more interested in growing and harvesting vegetables and plants
- This was during the Autumn of 2015
- I decided I wanted more horticulture and gardening sessions within my timetable, my love and knowledge of gardening grew from the



Voluntary work



- In May 2017 I started volunteering at Rainbows Hospice for Children and Young People
- I volunteered every Monday morning for three hours
- I volunteered in the gardens there and helped to ensure they always had clear paths and tidy beds

Internship

- In June 2017 I started an internship at WHM Work Connections with the hope of a paid job at the end of it
- I had a job coach support me throughout my internship ensuring that I was learning new skills and what jobs I was able to do independently
- Throughout my internship I learnt:
 - Effective communication
 - My physical limitations
 - Accepting when I needed to ask for support
 - Learnt more and more about different plants and vegetables and harvest timings
 - To work independently

Working life

After my internship, in July 2018, I was offered a paid job as a HORTICULTURAL ASSISTANT at WHM Work Connections, supporting the gardening lead to ensure all aspects of horticultural tasks are met.

I have a paid job for 11 hours per week and I am off my personal budget

My main duties include;

- ▶ Watering Polytunnels
- ▶ Weeding
- ▶ Pruning
- ▶ Harvesting vegetables
- ▶ Dead heading
- ▶ Digging over the raised beds and allotments
- ▶ Feeding the cats
- ▶ Ensuring the shop is well stocked



How working life has benefited me



'I feel like I
have found my
place in the
working world'

Gardening
helps to
channel my
physical
strengths

I have my
wages to
spend where
and how I want
to

Given me
confidence

I feel like an
independent
women



- Hello, I'm Simon
- I'm 25 and live in Glenfield with my parents
- I started going to WHM Work Connections during summer 2012
- It is at a farm in Seagrave
- There are lots of activities to do

Being a Workmate



When I started I did

- Animal Care
- Horticulture
- Woodwork
- Cooking
- Conservation Work
- Equine

This helped me decide what I liked best



Horticulture

- I decided that I liked doing this most at WHM
- I helped to grow plants, vegetables and fruit
- I also helped grow flowers
- I also did a college course in Horticulture



Community Enterprises



- WHM supported the Workmates to set up Countryside Enterprises a CIC company
- I joined the Contract Gardening enterprise '**Helping Hands**'
- We went out into the community to do gardening
- We worked in people's own gardens, a pub garden and a rectory garden
- The jobs we did included mowing grass, strimming, weeding, laying paths and planting



Profit Share

- ▶ People pay to have gardening done
- ▶ The money means we can buy equipment like a lawn mower, strimmer, wheelbarrows, spade, forks and hand tools
- ▶ Any profit left is shared between the people who do the work



The money I earn

- ▶ I enjoying earning some money
- ▶ I like to buy things like books, DVD's and puzzles
- ▶ I like to go out to the cinema and now I can buy my own tickets
- ▶ I can also buy presents for other people



SIX ACRE NURSERIES GARDEN CENTRE
THE GARDEN DELI & COFFEE SHOP

Six Acre Nurseries

- WHM has supported me to get work ready
- I now have a work experience placement at Six Acre Nurseries
- This is at Costock, between Loughborough and Nottingham
- I really enjoy working at the Nursery.
- I do lots of different jobs;
 - Filling trays with compost
 - Planting seedlings
 - Watering and weeding
 - Top dressing
 - Pruning
 - Feeding plants



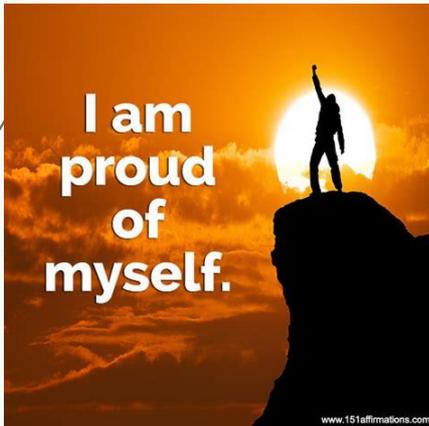
My work experience placement



I have lots of knowledge, qualifications and skills but my work experience has taught me how important it is to;

- Be professional
- Work hard
- Do the jobs that staff ask me to do
- Be polite
- Help customers
- Work as part of a team
- Look after equipment

Employment



- ▶ I would like to work in a proper job at Six Acres
- ▶ I am looking forward to it
- ▶ I want to earn my own money
- ▶ I want a sense of achievement
- ▶ I feel proud

WHM Work Connections is helping me to look into how I can make this happen

Permitted Work



You can still work if you are receiving ESA (Employment Support Allowance). However it must be 'permitted work'.

Permitted Work can include any type of work and can be for an unlimited period of time however there is a limit to what you can earn weekly.

Permitted work includes:

- ▶ Work as part of a treatment programme under medical supervision while in hospital or attending hospital - as long as you don't earn more than £125.50 a week.
- ▶ Any work, for an unlimited period, as long as you don't earn more than £20 a week (the permitted work lower limits)
- ▶ Supported work (supervised by someone employed to find work for disabled people), for an unlimited period, provided you do not earn more than £125.50 a week.
- ▶ Any work as long as you work for less than 16 hours a week (average) and do not earn more than £125.50 a week, the permitted work higher limit.

Correct as of December 2018

In the past Permitted work was limited to one year meaning that you would have to start working within one year or lose your ESA.

Access to Work



Access to Work
Making work possible

gov.uk/access-to-work

Access to work is a scheme that supports individuals with disabilities to do their job to the full potential

Your employer must make 'reasonable adjustments' so you are not substantially disadvantaged when doing your job, this could mean changing your working hours or providing equipment.

- You may not get a grant if you're already on certain benefits.
- If you are awarded a grant this money does not need to be paid back and it will not effect your other benefits.

You could then apply for Access to Work...

An Access to Work grant could pay for:

- Transport
- Specialised equipment
- Support worker service



Things to talk about?



Things to talk about?

1. What do you want do?
2. What has been your experience of volunteering or paid work?
3. What has worked well?
4. What can we do better?



Drinks in Members Lounge
Break time 30 minutes



Partnership Board news and catch up



- **Update from Public Health England Conference**
- **Christmas Party 2018**



Public Health England Conference



The Public Health Conference was held on Thursday 11th October 2018. The Conference took place at the Edgbaston Cricket Ground in Birmingham.

Helen Illsley, Stephen Holland, AnnMarie Pryor, Tracey Sowerby, Jackie Goodrick and Claire Summerfield all went to the Conference.



Public Health
England

Purpose of the Presentation

- Feedback from the Conference
- What was good and bad about the day



About the Conference

The Conference was about improving the health of people with a learning disability.

There were Key Speakers in the morning and Workshops during the afternoon.

There was a lot of discussion about people with a learning disability being able to get into the doctors for an appointment when they need it and not having to wait a long time.

One of the Key Speakers, who was a doctor, said that all people with a learning disability are allowed to have the flu jab even if they don't have any health problems.





Feedback from the Conference

Both Helen and Annmarie felt that they used big words that they did not understand. They felt that they did not get much from the conference or that this would not make a difference to how things are in the future for people with a learning disability unless they ask for their opinion. Helen and Annmarie felt that they should have a day for self-advocate's so that they can have a say.

However they enjoyed their day out but were both tired when they got back.

Tracey said the day was interesting and the audience were encouraged to speak up during and following the presentations.

There were 6 service users :

- Shaun
- Susan
- Dawn
- Dilesh
- Stewart
- Pam

who all delivered excellent presentations, in a most confident, professional and personal way. Personal experiences, both good and bad, were shared with the audience.



Feedback from the Conference

David Gill, who was employed as a Learning Disability and Autism Advisor who was autistic himself and delivered his presentation really well. Stephen talked to David during the morning break and they exchanged contact details, which was very positive.

Contents of the Day

- People with learning disabilities and autism are being considered as priority.
- A 10 year plan is to be implemented
- people with learning disabilities and autism are to be supported to lead longer, happier and healthier lives
- Individuals to be encouraged to have regular health checks.

There are only 3 issues I have with regards to the day;

- 1 Using picture information would have been helpful for the service users. Jackie, Tracey and Claire were supporting self advocates.
- 2 Using red and yellow cards would have been good
- 3 The food could have been a lot better ! (Sandwiches and fresh fruit were the only foods provided, no cake or biscuits!)

Christmas Party 2019





Christmas Party 2019





Things to talk about?



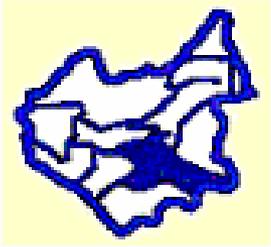
Things to talk about?

1. Would self-advocates like to attend conferences?
2. Do we need to make sure the conferences are easier to understand and take part in?
3. Should we have a Christmas Party this year?



Leicestershire Learning Disabilities Partnership Board Training Event

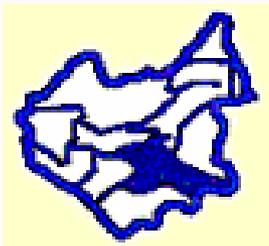




**72 people came to the
Training Event**

**60 people filled in an
Evaluation Form**

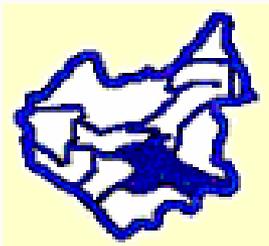




Feedback from the evaluations was very good



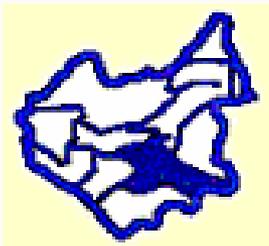
What people said about the Training Event



**Would like to do a
Training Event next
year**

**Training Event was
well planned**

**Guest speakers
were really good**



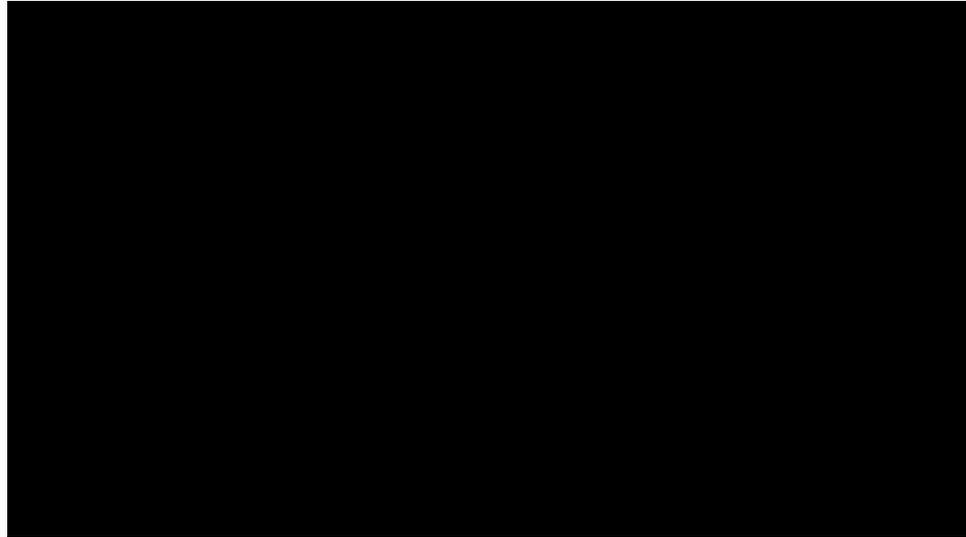
**Enjoyed listening
to the Self-
Advocates life
experiences**

**Wanted to attend
all of the
Workshops**

**Don't change a
thing**

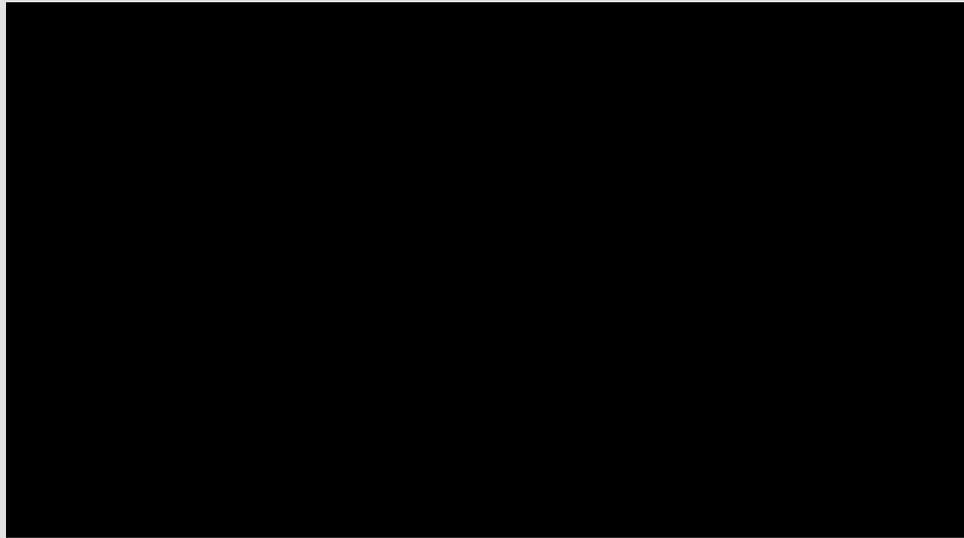


Video of Training Event





Key Speaker – Scott Watkin





Leicestershire Learning Disabilities Partnership Board Training Event



**My Name is Tim Birley,
I won a gold medal at the
Special Olympics in Sheffield.
This is my Story.**



**I started riding at the age of
19,
with the Mount Group RDA at
Somerby.**

**They noticed that I had a flair
for riding.**

**I started to train to compete in
competitions.**

**I worked very hard at
competitions to secure my
place.**

**I was selected to compete at
the Special Olympics in August
2017.**

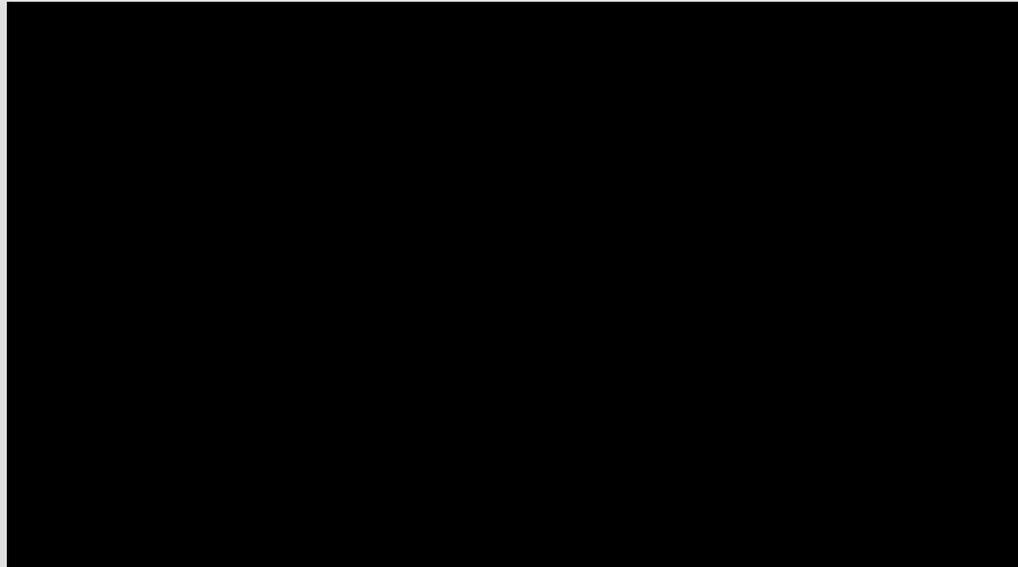
**As part of the East Midlands
Equestrian team.**



We had to raise £7000 as a team.

My target was £2000.

I made a video to help me raise the money.



My Uncle made my tandem.



**I raised £3300 for the team.
My Mum rode with me on the
Bike.**

**My family were waiting to
surprise me at the finish
Here is a video of the ride.**

I stayed in the Olympic village with the other athletes

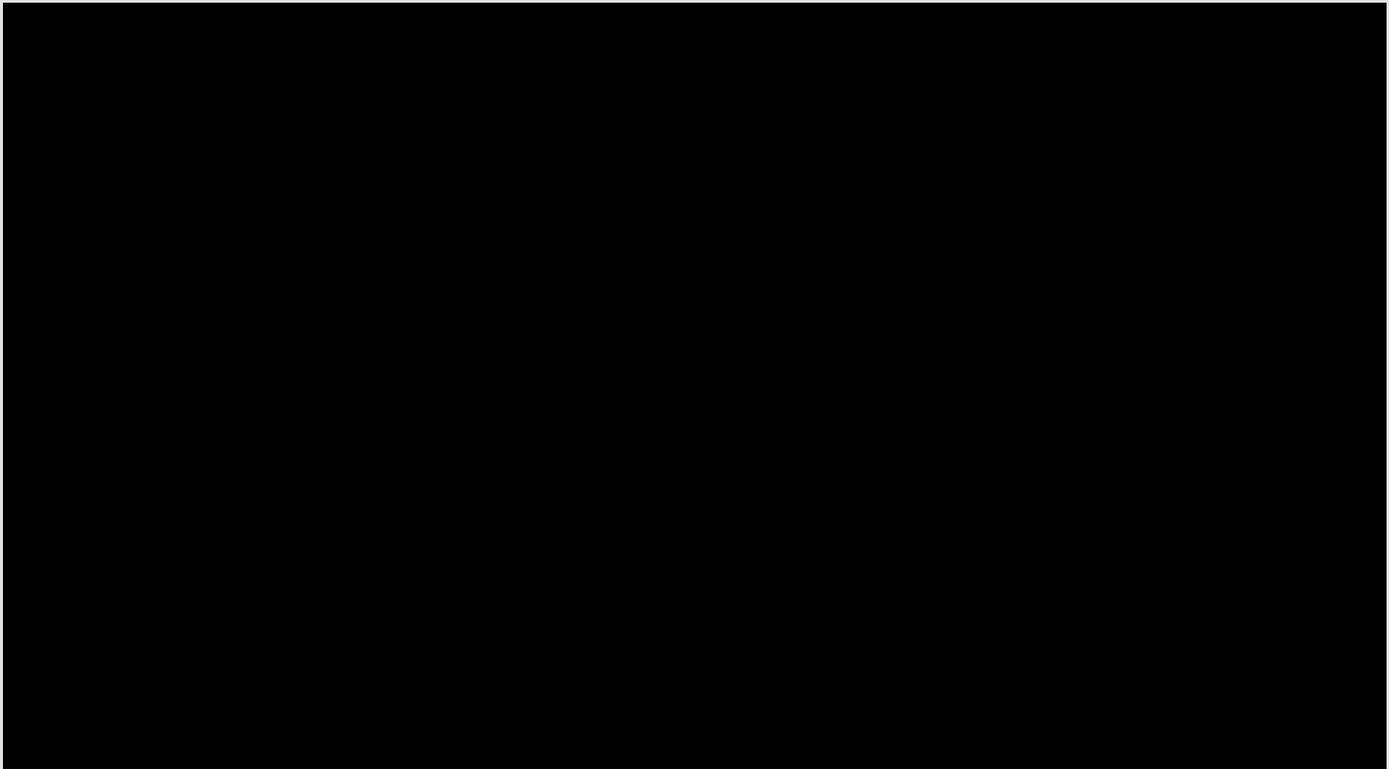


**My first competition was
the dressage.**

**I was a bit nervous
because I was on a
different horse.**

**Gypsy May was not able to
come with me.**

**This is a part of my dressage
routine**



I came 4th in Dressage.

I won a ribbon.

I wanted a medal.

**I knew I had to focus on my
next event if I wanted a medal**

My Mum said she could tell how determined and focused I was when I entered the arena.

After my routine I waited for the results with Mum and Dad.

I knew I had done well.

**Since winning My Gold Medal I
have been voted finalist in the
Melton Times Sports
Personality of the year.**



A bit about me.

**I volunteer 3 days a week at
the Samworth Centre Café in
Melton Mowbray.**



**I serve customers and help
clear the tables.**

I enjoy my job very much.

**I am a very popular member of
the team.**



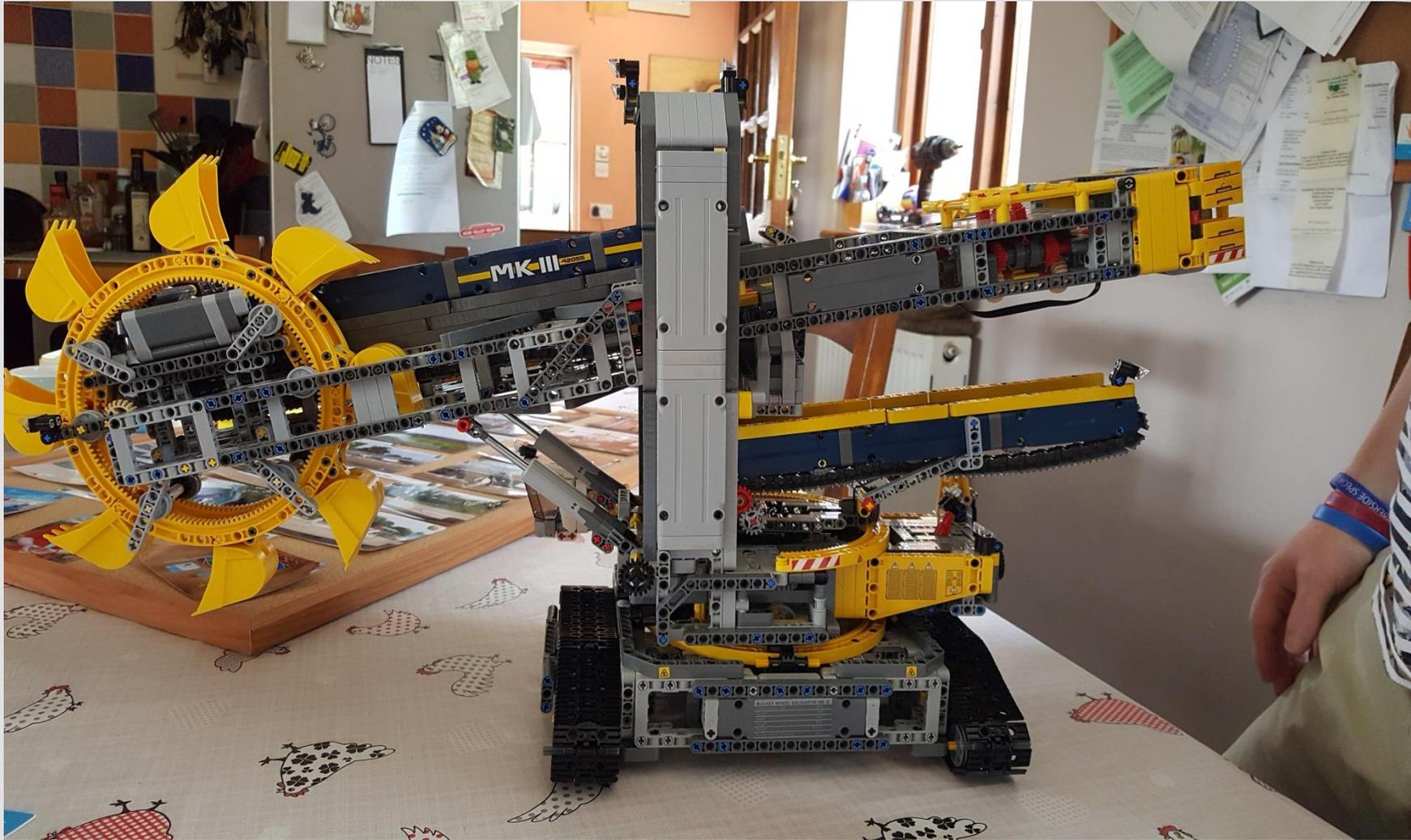
My Hobbies.

**I enjoy building Lego Models.
Here are a few example's of
models I have built.**

A working excavator

A rock truck.

A Disney Castle.







**I am very proud of my
achievement's and am looking
forward to winning more
medals in the Future.**

**I hope you have enjoyed
listening to my journey to the
Olympics.**

And knowing a bit about me.



**A big thank you to
everyone who made the
Training Event such a
great day**





Things to talk about?



Things to talk about?

Do we want an event this year?

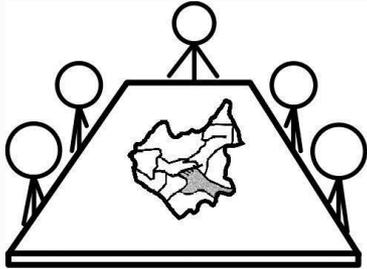


Any Questions?





Thank you for coming to the meeting today



Date of the next meeting:



**Thursday 21st March 2019
at 10am -1pm in the
Chambers**