



Leicestershire Learning Disability Partnership Board

Thursday 27th October 2016



Whole life Disability Plan

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Self Advocate Feedback

Is it a good idea to have a plan that covers children and adults?

- I share a house with other people and I feel the experience (moving to independent living) that I went through makes it a good idea to have a plan which goes from childhood to adulthood. Family matters but parents can be over protective or make decisions for you. You need help to be independent as you can be. I can't drive or cross the road, and so therefore I need the support to do the things that I can't do.
- I needed a plan to help me move out to my new flat. It was a very big challenge for all of us, including my family – but worth it.
- We need to help families with young children and young people at school to tell them about what they can expect in the future.
- For a parent it can feel like 3 separate services, children's, transitions and adults. It would be good to join these up better.
- I live independently and been assessed that I don't get any support from Adults Social Care. I'm told that I'm too independent although I need help to manage my money, understand letters and pay my bills. I'm told that I should get support from my local community – where do I find this? Will this plan help me with this?
- Everyone should learn to have their say and 'speak up for themselves'. Talking to people about their future when they are younger is a good idea. I found it a very big leap from being at college to living independently. I need lots of help from my social worker to help me look for things to do in the day, like voluntary work and groups to go to. This needs to go into a plan.

Self advocates feedback

What do people think are the most important things to put into the plan

- I used to go to a day service and so now have a voluntary job has been really important to me. I've met people and made friends at work and it keep me busy. I wishes I got paid. More paid jobs.
- Help to managing money and budgeting.
- Thinking about what you want to do in the future, like college and being independent. Being person centred.
- Getting a job
- Being safe
- Giving back to society – doing voluntary work
- Give out information about things (services) earlier to parents of children.
- Making sure that the information you give out is easy to read and people get support to understand it.
- I live independently and been assessed that I don't get any support from Adults Social Care. I'm told that I'm too independent although I need help to manage my money, understand letters and pay my bills. I'm told that I should get support from my local community – where do I find this? Will this plan help me with this?



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Parents and Professional Feedback

Is it a good idea to have a plan that covers children and adults?

- Yes it would be really good to have a plan which covers children and adults.

What do people think are the most important things to put into the plan

- Getting the communication right
- Training parents and carers focused on the individual
- Making sure that eating a healthy diet
- Own homes and living together with other service users is good if everyone gets on (compatibility). Need to think about personalities abilities about people who are sharing the house.
- Where to go to get information to help them live independent like benefits, transport, social services assessments.
- Better joined up working of service providers - how?
- Better information on website eg, transport, list of taxis who can offer specialist services for people with more complex needs
- Set up a system where you can try independent living.
- Consider individual needs as not everyone is the same.