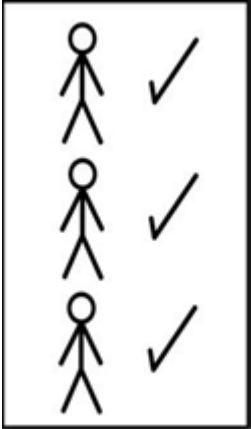





Minutes of Wigston, Blaby and Oadby Community Group

Date of Meeting: Wednesday 29th January 2020

Place of Meeting: St Mary's Church, South Wigston

| | |
|---|---|
|  | <p>Present - People who came to the meeting</p> <p>Dipika Patel (<i>CERT</i>) Karen Davis (<i>CERT</i>) Judith Proctor (<i>Chairperson</i>) Paul Dey Connor Mabbutt Sarah Blockley (<i>Minute Taker</i>)</p> |
|  | <p>Welcome/Housekeeping and apologies</p> <p>Judith welcomed everyone. Apologies were given for Lee and D&H who would not be coming along today.</p> |



Judith let everyone know where the toilets were and said anyone could make tea and coffee for themselves

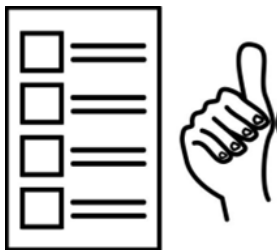
Ground rules for the group

- Everyone is given a chance to talk
- Not to talk over someone else
- Mobile phones are to be put on silent
- Be nice to each other



Communication

Red and Yellow cards were given out for everyone to use by the Word Aide. Today's Word Aide will be Paul



Minute from the last meeting

Everyone agreed the minutes from the last meeting were all fine.



Agenda items for this meeting Christmas celebration

Everyone said they had really enjoyed the group's Christmas celebration and talked about what they had been doing over Christmas.

Evening Party at Leicestershire Police Headquarters

Judith and Connor said how much they enjoyed the party especially all the activities. They got to look at the cameras, play on video games like they were looking through beer goggles and playing Mario Carts if they were drunk or sober. Judith did say she became upset when watching a video of a driver who was on a mobile phone as she had lost her sister in law after she was in a car crash. Dipika asked both if they would recommend going to the party later this year and both Judith and

Connor said yes, Paul said he would try and go as well.

Change of venue for Disability
Independent Advisory Group
(DIAG)

The DIAG meetings will be taking place for a little while at Lancaster Road Fire Station instead of the Police Headquarters in Enderby whilst some building work takes place there.

Judith and Connor went to the last meeting at the Fire Station and saw Lee there. Connor said he would love to do some work experience in the summer and how much he liked looking around the garage where the fire engines were.

Sharon Rose to visit from The
Care Quality Commission (CQC)

Dipika let everyone know that



she had not heard from Sharon and said she may have changed her mind about coming to one of the group's meetings. Lee could find out if Sharon was still interested in the group.

Better Journey Cards and Autism Apps (My Life App)

Dipika asked if anyone had looked at the apps or used their Better Journey Cards.



Everyone talked about their Keep Safe Cards and how much they help and looked at their Better Journey Cards. Paul was unsure if he had a Better Journey Card, Karen found an electronic version Paul could have on his phone, this saves paper.

Everyone talked about the apps and what comes up when you search on Google, things like,
- Language therapy



braininhand
personal technology for independent living



- Cognitive therapy
- Using technology,
- Communication skills
- Anxiety skills
- Calm zone
- Autism plan
- Daily planner

Brain in Hand is a National Autistic Society app to help people with learning disabilities reduce their anxiety and feel supported

Facebook/Whatsapp - Maria
As Maria is no longer at D&H the group agreed a Facebook Page or Whatsapp group is not really needed.

Everyone talked about what they would like to do in 2020 and what they wanted for the group's Action Plan.

jobcentreplus



Connor and Judith want to look for paid work and would like to speak with someone at the local Job Centre to find out what support is available and the best way to do this.

Everyone said they would think about ways to get other people interested in coming along to the group's meetings and think about any other groups they would like to join. Paul said he was very interested in the environment and conservation and would like to volunteer somewhere. Judith talked about the allotments that are being planned for behind South Leicestershire College on the park. Judith said Men in Sheds are going to build raised beds to grow vegetables and flowers and Jules is a master gardener and she will be planning everything. Dipika said it would be a good idea for Judith to



share information when the allotments are up and running.

Action Plan for 2020

- Look at meeting up socially outside of the group every 3 months
- Help with getting back into paid work.
- Another promotion day or two
- Other ideas for getting others to join the group or other groups we could go to

Any Other Business

There was nothing else that anyone wanted to talk about. Everyone said they would think about anything else they wanted to add to this year's action plan



Next Meeting will be at
**St Mary's RC Church, South
Wigston on Wednesday 11th
March 2020**

Future Meeting Dates:

Wednesday 22nd April 2020

Wednesday 3rd June 2020

Wednesday 15th July 2020

Wednesday 26th August 2020

Wednesday 7th October 2020

Wednesday 18th November 2020

Wednesday 30th December 2020