



Staunton Harold Sailability Trust

I am writing on behalf of Staunton Harold Sailability Trust. We are a registered charity offering sailing and waterborne activities and experiences for children and adults with any form of disability throughout the Midlands. We are a completely voluntary not for profit organisation. We are based at Staunton Harold reservoir, near Melbourne, Derbyshire, alongside Staunton Harold Sailing Club.

Our activities fall into three main categories: sailing, powerboats and onshore activities.

We offer the opportunity for less mobile sailors to continue sailing when a conventional dinghy may be a little too much for them to handle or for those who maybe a little less confident in a conventional dinghy.

We provide a safe environment where participants can experience sailing in special dinghies, either sailing alone or with an instructor or other participants. We also offer sensory experiences for those who wish to experience being on the water with rides in the powerboats. Each session will build upon skills at a rate dictated by each participant.

We have a full range of equipment including specialist boats, pontoon, hoist, safety clothing, accessible changing facilities. We also offer support to get into and out of the dinghies and powerboats.

There is no lower or upper age limit and no requirement to be able to swim. However, we reserve the right to restrict or limit access or activities in the interests of safety.

We ask for a small donation of £5 for each session. If you need assistance with funding, then the Trust may be able to help.

We meet approximately one Sunday morning per month between the end of March and early October and we also have occasional Friday evening or Saturday morning meetings and an end of year awards presentation evening. We also have an occasional post-sailing barbeque.

Our 2020 programme has obviously been disrupted due to the Covid-19 situation. We are hoping to complete as much of this year's programme as possible, but we are restricted in terms of the activities and support that we can offer. We hope that we can offer a full programme of activities and support in 2021.

We have a website and we are on Facebook, Twitter and Instagram where you can find further details about our activities. The details are as follows.

 <http://www.shst.org.uk>

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If any of your clients or members would like to get involved in our activities or would like to come along to Staunton Harold to see what we do, or if you would like any further information, then please email our secretary (Lisa Woodward) at sailability@shst.org.uk. We also encourage, where appropriate, other family members to join in.

We look forward to hearing from you

Brian Davies

Staunton Harold Sailability Trust