







Charnwood Action Group 2019

invites you to come along and join in a health walk

It's a fun way to keep fit and to meet new people!

All walks start at 11am prompt and under 2 miles.

	Wednesday 12 th June 2019	Loughborough Town Hall LE11 3EB
	Wednesday 10 th July 2019	Rothley Library, Rothley LE7 7PS
	Wednesday 14 th August 2019	Tesco Express 139 Sibson Road Birstall LE4 4ND
	Wednesday 11 th September 2019	Mountsorrel Library Mountsorrel LE12 7AS



For information ring ; Glebe House – 01509
218096 or email Charnwood Action Group
[charnwoodactiongroup@gmail.com]



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Wednesday 9th October
2019

Quordon Fox Pub,
Loughborough
Road, Quorn
LE12 8DT



Wednesday 13th November
2019

Shepshed
Library,
Shepshed
LE12 9AN



Wednesday 11th December
2019

Loughborough
Town Hall
LE11 3EB



**Remember to wear walking shoes or trainers
and bring a bottle of water with you.**

