

# **Charnwood Action Group**

## Notes from our meeting

Friday 29 March 2019

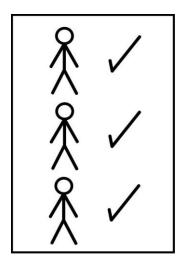


Mountsorrel Memorial Centre 105 Leicester Road Mountsorrel Leicestershire LE12 7DB

## Present - People who came to the meeting

Leicester

Leicester





Mary Perry Emma Perry Mat Richardson **Nick Forbes** Claire Sutskova Phil Linggood Carol Wincott Jane Parr Graeme Harrington Jenny Lacey Russell Lacey Elaine Newitt **Kerry Harris** Trudie Exon Rueben Aldred Daiman Hessle Tracey Parrott Paula Ray Mike Anderson Simon Goodyear Louise Marriott Sue Attwood Matthew Harburt

**Donna Simmonds** 

**Peter Warlow** 

**Charnwood Borough Council** LCC Shared Lives Officer LCC Shared Lives Officer Carer WAA Disability Team, LCC Safe, Well, Happy WAA Disability Team, LCC Parent North West Leicestershire North West Leicestershire Loughborough Thera Trust, Loughborough WAA Disability Team, LCC Homefield College Homefield College Homefield College Homefield College Homefield College Homefield College Glebe House Glebe House Leicestershire Police C'wood LD Community Nurse Glebe House, Loughborough

	Apologies:
I want to	We used the red and yellow cards
Easy words	Word Police
Name of the second seco	Graeme and Paula
	Someone to write down the minutes
	Marie Moore
3	People to do the washing up and teas and coffees
	Marie / Claire
	Notes from the last meeting
	The notes from last meeting were right
Agreed VO	Notes Arising from the Minutes
	It was agreed the minutes were correct.



#### 3. Shared Lives

Our team is based at County Hall and we oversee carers who provide services within their own homes for Service users.

Shared Lives Services is all about one household sharing their lives, families, home, interests, experience and skills with other people who need some help and support to live their lives to the full.

The person is welcomed as a member of the family and supported by a Shared Lives Carer who is checked, approved and monitored by the Shared Lives Service.

Shared Lives focus on individual needs giving support for people to live full lives and meet their ambitions. Where possible individuals are supported by local people in their own communities.

To become a Shared Lives Carer you need to have at relevant experience in supporting:

- Adults with learning disabilities
- Older persons
- Adults with mental health conditions
- Adults with physical and sensory disabilities
- Adults with dementia
- Adults with drug and alcohol dependency

If you are interested in becoming a Shared Lives Carer you would need to contact our Duty Worker either on 0116 305 8133 or through a search on the LCC website https://www.leicestershire.gov.uk for the process to begin. You will be given an Allocated Worker to assist you all the way through your application and during this time we will make several visits.

Up to three people can live or stay with one carer and it is expected that the Service User would have their own room, and it is also possible to accommodate a couple. Some people have stayed with the same carer for quite a long time and become part of the family.







If you want to live in Leicester City you can ask your worker to make a referral to the City Shared Lives Scheme who will contact, you and go through the process.

An assessment is required, and all options are explored.

Nick to send information in Easy Read for Marie to send out with these minutes.

4.



#### **COFFEE BREAK - 15 minutes**



### 5. Keep Safe Places

Work has been carried out on the Keep Safe Places and it was identified that there is not enough of them, not everyone knows where they are, and some are only open at certain times during the day.



Russell pointed out that there is a Keep Safe Place in Melbourne which was easy to identify as the poster was visible.



At our next meeting Alison Fadesco is going to come to talk to us about the importance of Keep Safe Places and to ensure everyone understands the benefits of having them.



It was agreed that we would discuss with Alison LCC website and get clarification as to what we can and cannot put on it. It was pointed out that Charnwood Borough Council's website was very easy to follow, and Keep Safe Places were included.



Carol gave everyone a copy of Keep Safe Places in Easy Read – it was agreed Marie would laminate these to be given out at the next meeting.

A discussion took place about the possibility of having additional Keep Safe Places and it was suggested:















- Leisure Centres
- Doctors Surgeries
- Late night supermarkets
- Local Chemists
- Homefield College suggested putting a list up at a central point
- Glebe House already do this and have had people come into them.

It is hoped the results will be available to discuss with Alison at our next meeting.

It was agreed that we would send a complete list of updated Keep Safe Places to the local Police for their records.

Graeme asked if a group of people could actually visit these and complete the Check List and return to Graeme either by email or post <a href="mailto:Graeme.Harrington@leics.gov.uk">Graeme.Harrington@leics.gov.uk</a> by the end of April.

Graeme asked Marie to send out updated list of Keep Safe Places and the Check List along with the minutes.

Paula reported that when she was in Melton she couldn't find McDonalds, so she went into the Library and the assistant took her to McDonalds which was very positive.

### 6. Partnership Board Update

- Changing rooms have been updated, there are two in Loughborough, one at Twycross Zoo and one at Bradgate Park. Phil explained that £4m has been put into a pot for Changing Places to enable more to be made available.
- Liaison Nurses It was confirmed that nurses will now be on hand to help at the hospital and will have a copy of your grab sheet, it is so important that your details with your GP Surgery are always up to date.



- Whole Life Disability Strategy: this has taken 2 years to put together and there will be some Planning Groups coming up to discuss. If anyone is interest there will be a number you can ring to attend.
- Graeme pointed out if anyone wanted to get involved with the Partnership Board Meeting to give him a ring or send him an email.



### 7. Any Other Business

 Loughborough Library – if you are unable to attend the normal Library opening times you can now apply for a smart card which will allow you to get into the Library at other times.



#### Date of next meeting

Friday 17 May 2019 10:15 - 12:00



Rothley Centre Mountsorrel Lane ROTHLEY Leics LE7 7PR

All dates and venues for 2018 meetings can be found on the betterlives website

If you need to talk to someone about these meetings you can email Alix Glazier at <a href="mailto:charnwoodactiongroup@gmail.com">charnwoodactiongroup@gmail.com</a> or Glebe House 01509 218096