

## Learning in Leicestershire

Learning includes:

- Help towards getting a job or volunteering
- Being involved in your community
- Your own personal development including meeting new people and finding out about what to do with your leisure time
- Moving onto independent life

*We work closely with many organisations and people to plan our courses, based on need*

*We value the principles of the 'Valuing People Now' and the 'Valuing Employment Now' reports*



Learning in Leicestershire Means



## Skills for Employment and Volunteering

Courses to help you to understand, learn and practice some of the skills you need in the world of work and volunteering.

This includes:

- Team building
- Personal presentation
- Health and safety
- Time keeping
- Following instructions
- Retail skills
- First aid
- Social Enterprise



## Communication

Courses that help you to progress with, and become more confident with, every aspect of communication including;

- Using computers for leisure and citizenship
- Speaking up for yourself and making choices
- Speaking and listening
- Listening and responding
- Reading, listening and responding



Our Courses

## Independent Living Skills

Courses that enable you to achieve personal targets.

This may then help you to:

- Become more independent
- Enjoy and understand your community
- Speak up for yourself
- Understand your money
- Improve self confidence and self esteem
- Make choices
- Take part in weekend leisure courses and residentials



## Health, Personal Safety, and Wellbeing

Courses that enable you to find out about and act upon:

- Your health
- Personal exercise programmes
- Shopping and preparing food
- Planning personal leisure activities
- Being responsible for personal safety
- Increasing self confidence and esteem
- Working outdoors



Personal Growth



## How to get on a course

Ring FREEphone **0800 988 0308**  
we will then arrange a guidance meeting.

After the meeting we will need information about any benefits you receive so that we can arrange for the course to be free, or at a reduced fee.

We can talk to learners, carers, families, agency workers, group homes or any other agency enabling us to give the best possible course offer.

# GoLearn!



**FREEphone 0800 988 0308**  
[www.leics.gov.uk/golearn](http://www.leics.gov.uk/golearn)

## Sensory Learning

Suited to learners who have complex difficulties who would benefit from sensory learning experiences planned to include:

- Creative arts
- Music
- Massage and relaxation
- Communication



## Creative Skills and Leisure

Courses suited to adults who would like to learn to use their leisure time creatively.

You will have the opportunity to work on individual and group based projects based on:

- Music
- Art
- Drama and dance



## What we offer

### Teaching and Learning in the Community

Personalised skills are taught in museums, libraries, supermarkets, public gardens, voluntary organisations, day care providers and social enterprises.

We use public transport for all of our community activities.

We offer weekend courses and residential.

Short courses may be available in college holidays.

### Person Centred Learning

All learners have a personal meeting and guidance onto courses.

Following assessment activities, learners produce their own learning plan which they monitor with tutors.

Classes are based on learners' own personal goals, people can bring their own support worker.

Progression learning is reviewed regularly and at the end of course.

We work with parents and carers to ensure the best learning environment.

Our classes are available county wide to enable personal access to learning.

Courses are available for specialist groups, eg, health and safety, food hygiene and money management.

### Embedded themes in all courses

Promotion of independence.

Use of modern technology, eg iPads, computers, laptops, mobile phones, digital photography.

Inclusion of simple literacy and numeracy, including budgeting.

Provision of safer learning opportunities.

