

This leaflet is updated regularly. For the most up-to-date information please visit [loros.co.uk/care](http://loros.co.uk/care)

LOROS Hospice is dedicated to ensuring equality and diversity is at the core of all our activities.

**In case of comments or complaints, please contact:**

Chief Executive, or Director of Care Services  
LOROS, Groby Road, Leicester LE3 9QE

or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate,  
Newcastle Upon Tyne NE1 4PA

**Alternative language copies available**

Please contact the Patient Experience Lead PA on 0116 231 8435

જો તમને આ માહિતીની અન્ય ભાષા અથવા સ્વરૂપમાં આવશ્યકતા હોય તો કૃપા કરી ટેલીફોન નંબર 0116 231 8435 પર Patient Experience Lead PA (પેશન્ટ એક્સપેરીયન્સ લીડ પીએ) નો સંપર્ક કરો

Jeżeli chciałby Państwo otrzymać niniejsze informacje w tłumaczeniu na język obcy lub w innym formacie, prosimy skontaktować się z PA Zespołu Patient Experience pod numerem telefonu 0116 231 8435.

ਜੇਕਰ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਪ੍ਰਾਰੂਪ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਵਿਰਪਾ ਕਰਕੇ ਰੋਗੀ ਅਨੁਭਵ ਪ੍ਰਤੀਨਿਧੀ PA ਨਾਲ 0116 231 8435 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

Haddii aad ku dooneyso macluumaadkan luqad kale ama habeyn kale fadlan la soo xiriir  
Hogaan Bukaanka Waayo-aragga PA taleefoon nambarka 0116 231 8435

আপনি অন্য কোনো ভাষা বা ফরম্যাটে এই তথ্য পেতে চাইলে অনুগ্রহ করে 0116 231 8435  
টেলিফোন নম্বরে প্যাসেন্ট এক্সপেরিয়েন্স লিড পিএ-তে যোগাযোগ করুন

اگر آپ کو یہ معلومات کسی اور زبان یا فارمیٹ میں درکار ہوں تو برائے مہربانی پیشنٹ ایکسپیرینس لیڈ کے  
PA سے اس فون نمبر پر بات کریں 0116 231 8435

**LOROS**

Hospice Care for Leicester, Leicestershire & Rutland

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Being there for you  
and your family



## About LOROS

Easy read version

**loros.co.uk**

**LOROS**

Hospice Care for Leicester, Leicestershire & Rutland

Being there for you  
and your family

# Who we are and what we can do for you



**LOROS is a Hospice for people over the age of 18 in Leicester, Leicestershire and Rutland.**

LOROS is a place that people who have an illness or are dying can go to get help and care. Your family and carers can also get support.



1. Hospices are smaller than hospitals and are friendlier and more like home
2. Some people go to a hospice for short periods of time, maybe for a day or for a week for treatment of their symptoms
3. A symptom is a sign that tells you something is wrong like having a headache or feeling tired all the time

LOROS looks after people who have an illness that cannot be cured and that is not going to get better, like:



- Some types of cancer
- Motor neurone disease which affects your muscles
- When people have bad problems with breathing, heart or tummy that won't get better

LOROS nurses and doctors are specially trained to help people and their families cope with:



- Illness, pain and sickness
- Sad and worried feelings

## LOROS can give other types of support such as:



**Massage** that can help you feel more relaxed and less worried.



**Day therapy** to come to every week or every two weeks for a break and to see a nurse. We try and have fun too.



**Occupational therapy** to help you look after yourself.



**Counselling** may help people who are ill and their families to talk about their feelings.



**Physiotherapy** helps to keep your body moving by exercises.



**The chaplain** is happy to talk about sad things and God.



**Outpatients clinics** Where you can see a LOROS doctor.



**Home visiting service** A home visitor can come to your home and give your family or carer a break every week for 3 hours.



**Ward** LOROS has a ward for people who are very ill to come and stay. We try and help people with pain and also look after them when they die.



**Community nurse specialists** LOROS nurses come and see people at home to help them.



**Lymphoedema** nurses help with swelling in the body – sometimes they use bandages and rub on cream.



**Cultural support worker** helps people who are Asian.

### How can I use LOROS services

You need to ask your doctor or nurse to refer you.