

Useful links to information on employment and benefits

[Help with moving from Benefits into work](#)

This doesn't go into great detail so the best thing is for a carer, who is looking for help in getting back to work, is to go into their local Job Centre Plus office and ask to see a work coach. They will be able to give them all the info they need.

More useful links

[Benefits](#)

[Working Jobs and Pensions](#)

[JCP help for employers](#)

[Work Clubs](#)

[Enterprise Clubs](#)

[Universal Credit Toolkit](#)

[Stakeholder Bulletin](#)

[Touchbase publication](#)

[Welfare Reforms communication toolkit](#)