

Have you been bullied ?



tell someone

This could be a hate incident

A hate incident is when something bad happens to a person because they are different. It could be,

- because of your age
- because of your disability
- because of the colour of your skin
- because you come from a different country
- because you different in another way

What can you do next ?

- tell someone that you trust, like your family carer, friend or staff
- ask for help to fill in the easy to use form



You can get a form by phoning **0116 305 8263**

Or going to these websites

www.leics.gov.uk/repothatate

www.betterlives.org.uk

