

## Meet the Team



Community  
Development  
Worker

**Hello** my name is Jane Reynolds the Community Development Worker for Oadby, Wigston and Blaby. I am one of 4 Community Development workers in the Valuing People Team who work on different countywide projects, to support **all** services to make **Valuing People Now** happen.

I arrange Oadby, Wigston and Blaby Locality Group who meet 6 times a year for 2 hours in different venues around the area. The Locality Group is made up of people with learning disabilities, carers and staff from learning disability and ordinary services such as the Police.

We work together to improve all areas of life for people with learning disabilities. Jane Southwick, a self advocate chairs our meetings and is our locality representative on the Partnership Board. Jane makes sure we have an action plan and this year we are working on keeping safe, employment and housing. We are planning a housing event for the autumn.

Why not come to one of our meetings to see for yourself, you will receive a very warm welcome. I work on Wednesdays and Thursdays and can be contacted on **0116 305 7987** or email **jane.reynolds@leics.gov.uk**.



Opportunities for people with learning disabilities and Carers

## “Opening doors” An exciting new project!



Are you looking for a local place to find out more about computers and the internet?



Are you looking to increase your skills and knowledge through I.T.?

Are you looking for a warm and freindly environment?



Are you looking for user freindly computers to meet your needs?

If the answer is yes then Ansaar’s new “Opening doors” project is for you!



Ansaar has computers with touch screen, interactive mouse, large key pads, interactive software and internet to increase independance, communication, skills and knowledge.

All this for a small charge of £2 per hour please note **FREE** to all **Riverside Tenants** (evidence required).

To make a booking please call: **0116 262 1000** or visit us at Ansaar, 112 Melbourne Road Leicester, LE2 ODS.

### Supported by



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# Newsletter

Spring 2010



**Hello** and a **warm welcome** to the **Spring 2010** edition of the **Leicestershire Learning Disabilities Partnership Board Family Carers Subgroup newsletter**.

There has been lots of news and debate recently around the personalisation agenda here in Leicestershire and hopefully our ‘Frequently Asked Questions’ supplement will help answer some of these concerns. Following the successful family carers event in December (see the article in newsletter) these were some of the questions raised by carers.

Also look out for details of two local Valuing Employment Now events happening in June and how to reserve your place at these events.

Hopefully you will find some useful information and articles in the newsletter, but as always I welcome any comments or suggestions for future articles or ideas from carers themselves.

## The Family Carers Subgroup Needs your help!

Have you got one free morning every six weeks? Would you like to meet other family carers? We need carers to help us inform the Leicestershire Learning Disability Partnership Board of issues that are important to you and your family.

You can make a difference and help to develop and influence services in Leicestershire by joining us on our Family Carers Subgroup. As a member of the group you can have access to people and organisations that make decisions on the way the County Council plans and buys its services. Also, as a member of the group, you will be in a position to help influence and challenge these decisions.

We want to make sure that Carer’s views and experiences of caring and using our services are heard. We recognise that as carers you are the experts and the best people to help us carry out the Valuing People Now agenda across Leicestershire.

For more information please contact Jane on **0116 305 6699** or email me at **jane.robins@leics.gov.uk**.

Hopefully you will find some useful and interesting information in the newsletter

## Getting a copy of the **Award Winning Loughborough Hospital** Guide CD

**This CD takes you through a step by step experience of going for 4 different out-patients appointments:**

- Going for a blood test
- Chest Xray
- ECG
- Getting a plaster cast put on and taken off

The aim of the CD is to help the person you care for become familiar with the department workers and the equipment. It helps reduce fears, anxieties and concerns people may feel about their appointment and treatment. The CD is in easy words with photographs and videos and is for computers only.

The CD has been produced by the Valuing People Team, Lead Health Facilitator and volunteers with learning disabilities from the Charnwood Action Group, with support from the Loughborough Hospital staff.

The CD recently won the NHS Our Stars Award 'Success in Partnership Working' category.



These awards celebrate innovative ideas and excellence across services.

The CD is currently being distributed to Doctor's Surgeries in the Charnwood areas but if you would like a free copy of the CD then ring:

Julie Bird on **0116 305 7992** or follow the link to download a copy: **[www.lcrchs.nhs.uk/Ourhospitals-Loughborough-Easy-guidetooutpatients.cms](http://www.lcrchs.nhs.uk/Ourhospitals-Loughborough-Easy-guidetooutpatients.cms)**.



**Hello everyone**

My name is Danielle Bowler and I am the Person Centred Planning Assistant in the Valuing People Team. I have made a booklet about Person Centred reviews for parents and carers.

This booklet tells you what a person centred review is and what will happen during the review. Person Centred reviews look at what is important to a person now and in the future. What's working and not working, how to keep healthy, safe and well and action planning.

This type of review is used in community opportunities and accommodation services.

**If you would like a booklet please contact me on 0116 305 7591.**



**Hello**, my name is Jyotsna Gadhia, I am a Carers Outreach Worker for Mencap employed to work with carers from the Black and Minority Ethnic communities who care for a person with a learning disability.



I can visit carers at home, give confidential and free advice, help and support you to find the right services and give you a chance to talk about your needs and concerns.

I also try to give carers the opportunity to meet up with other carers and events in the past have included a boat trip, pampering day, information events and fundays.

If you feel that I could help you and your family please contact me on **0116 242 2738** and I will be happy to come and talk to you.

## The Partnership Board's Annual Carers Event

This day was held in December at the Brite Centre and 43 carers came along to find out more information about Personalisation, personal budgets and what it will mean for themselves and the people they care for.

We had several guest speakers on the day, including one mum with her son Richard who told us what it was like getting a personal budget. We heard about both the good things and some of the problems they encountered during the process.

During lunch carers had the opportunity to visit the various information stands and talk directly to the morning speakers.

In the afternoon each table was asked to think about questions and burning issues carers had concerning the introduction of personal budgets in Leicestershire. Each table had the chance to ask one burning question to the panel of speakers who gave their answer to the whole of the room.

The full list of questions raised and replies can be found on the supplement inside this newsletter. A full report of the day with more photos can be found on the Partnership Board website at: **[www.betterlives.org.uk](http://www.betterlives.org.uk)**.



"The talks were inspirational" and "Very enjoyable and informative"

## Supported Living DVD



There is now a DVD available giving information about and experiences of people with high support needs who are living in a supported living model in Leicestershire. The DVD aims to highlight the positives and benefits to the individual, the concerns that parents / carers and support workers have about supported living and shows the lives of two individuals with different needs living in two different models of supported living.

To request a viewing or copy please contact on **Strategic Commissioning Service Development (Adults) 0116 225 5225**.

